tulsakids



TULSAKIDS Family Favorites 2022

THE VOTES ARE IN!
YOUR FAMILY FAVORITES
WINNERS & FINALISTS!

2022 EDUCATION GUIDE INSIDE!

Do you know what category **Gathering Place** won?



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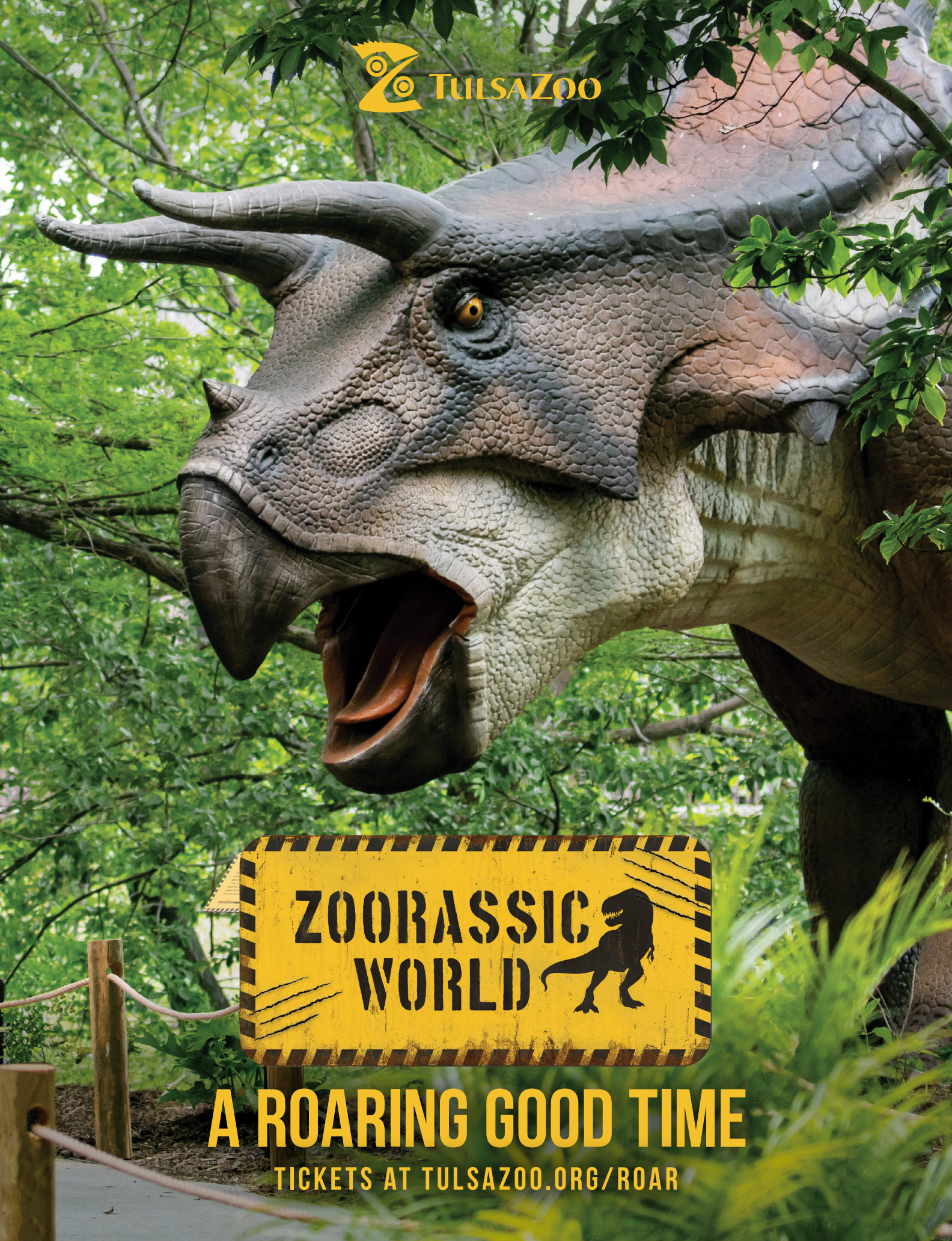
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TULSAKIDS Family Favorites 2022 FINALIST

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Thank you to the readers of *Tulsa Kids* for recognizing Saint Francis Health System's service and commitment to the communities we serve. We extend our deepest gratitude to all Saint Francis employees for their dedication to serving our patients and our mission.

We are proud to be among the *Tulsa Kids* 2022 Family Favorites in the following categories:

HOSPITAL:
Saint Francis Hospital

FAMILY-FRIENDLY GYM:
Health Zone at Saint Francis

FAMILY DOCTOR:
Dr. Bradley Hardy
Warren Clinic Family Medicine

Dr. Elizabeth Severns
Warren Clinic Family Medicine

PRE-NATAL/POST-PARTUM CLASSES:
Saint Francis Hospital

EAR, NOSE, AND THROAT SPECIALIST:
Dr. Spencer Voth
Warren Clinic Otorlaryngology

ORTHOPEDIC SPECIALIST:
Dr. Mark Schwartz
Warren Clinic Pediatric Orthopedic Surgery

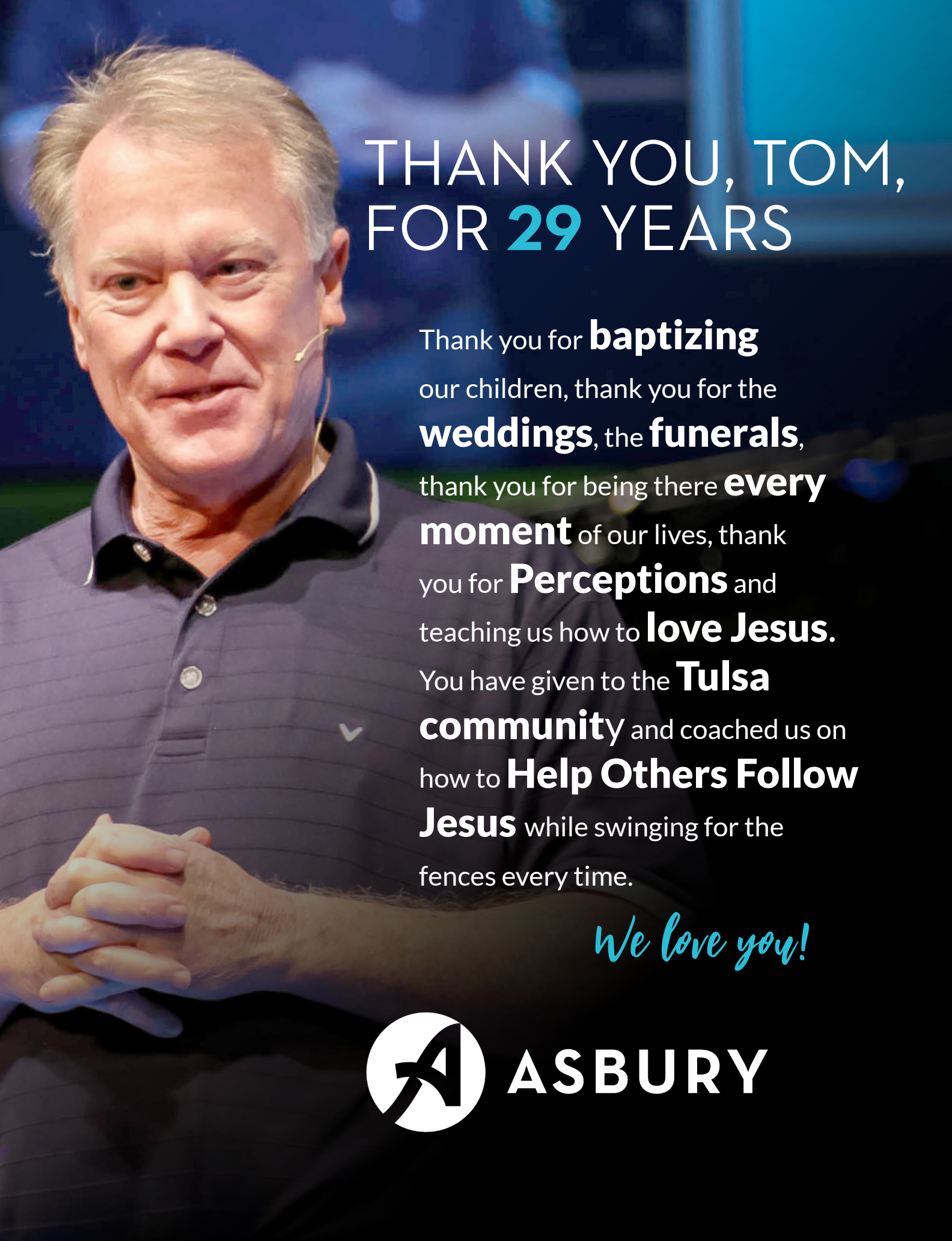
PLACE TO HAVE A BABY:
Saint Francis Hospital

ALLERGY SPECIALIST:
Dr. Lynn Wiens
Warren Clinic Allergy and Immunology

SaintFrancis Health System

TULSAKIDS Family Favorites 2022 WINNER

saintfrancis.com



THANK YOU, TOM, FOR 29 YEARS

Thank you for **baptizing** our children, thank you for the **weddings**, the **funerals**, thank you for being there **every moment** of our lives, thank you for **Perceptions** and teaching us how to **love Jesus.** You have given to the **Tulsa community** and coached us on how to **Help Others Follow Jesus** while swinging for the fences every time.

We love you!

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TULSAKIDS Family Favorites 2022 FINALIST

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Stay Safe During Summer Fun and Sun

A reminder from the nurses and physicians at Alexander Burn Center @ Hillcrest

Never leave children alone in a car
A child's body overheats 3 to 5 times faster than an adult body

Use SPF 30 or higher sunscreen
Apply every 2-3 hours between 10 a.m. - 4 p.m.

Establish a safe zone around fires
Keep kids at least 3 feet away from campfires and grills

Fireworks are for grown ups
Even sparklers can reach 2,000 F. Consider glow sticks or other alternatives



Hillcrest has been caring for adults and children with serious burns for more than 50 years. Please remember to create a safe and enjoyable environment for you and your children this summer.

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Annabelle (1) did not tire for even a moment during our July cover shoot at **Gathering Place**.
PHOTO CREDIT: ANDREA MURPHY PHOTOGRAPHY.

Readers' Family Favorites: **A Love Letter to Tulsa**

MY NIECE, HER HUSBAND and two children recently visited us. They live out of state, and my niece's husband, Tim, had never been to Tulsa. They had camped at Beavers Bend (one of our Family Favorites winners, by the way) because Tim has a goal to go to every state. I think he has accomplished that, or he's very close. Oklahoma was one of the last states on his list. While they loved Beavers Bend, I encouraged him to visit Tulsa. He is from the east coast, they lived in San Francisco for several years, and have recently moved to Dallas (my niece's hometown). They took me up on the invitation for a visit, rented a midtown airbnb, and my husband and I introduced them to a few family friendly spots. In the brief 48 hours they were here, in between naps for the baby and rest times for the 4-year-old, we visited Gathering Place twice, Marshall's brewery where we sat outside and Tim had a nice conversation with another dad, Ida Red for Tulsa merch, Andolini's on Cherry Street, Blue Moon, and Fulton Street Books where I was doing a storytime at their Reading Partners event. Tim had been involved with Reading Partners in San Francisco, so he found some like-minded people to talk to as the kids enjoyed some of the outdoor activities.

All that is to say that Tulsa has a lot going for it. My niece and her family loved it and want to return to do all the things they didn't have time for. I always love showing off our city, especially to people who have never visited.

I think of our annual Family Favorites issue as a way to show what the area has to offer. It is like a love letter to Tulsa — and to those places in the surrounding communities that were winners and finalists.

Most of our winners are small businesses that have survived through the pandemic and are embracing families once again. Not only did you vote for your favorite restaurants, shops and businesses, you voted for your favorite healthcare partners, who have done yeoman's work keeping families healthy during this challenging time.

We have paired the Family Favorites issue with our School Guide, because education is so important to our readers. We know that many of you have deep, meaningful connections with the schools that are helping you raise your children, so we celebrate the excellent schools in the community.

As always, the calendar is full of fun activities, including what you can do for July 4th this year!

Enjoy your summer in Tulsa!



Betty Casey
ASSOCIATE PUBLISHER AND EDITOR-IN-CHIEF

tulsakids

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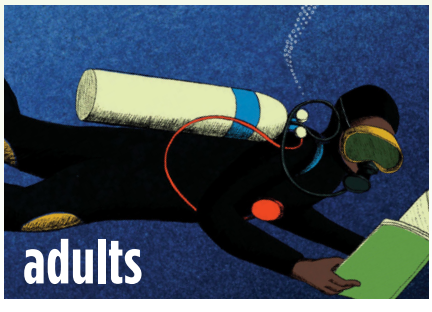
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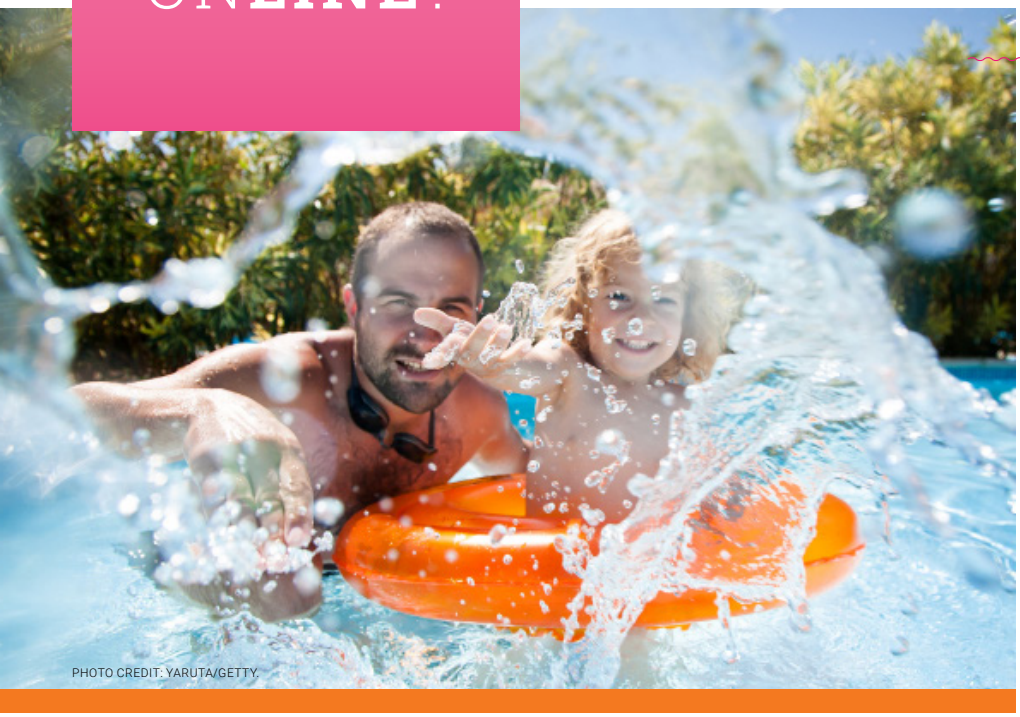
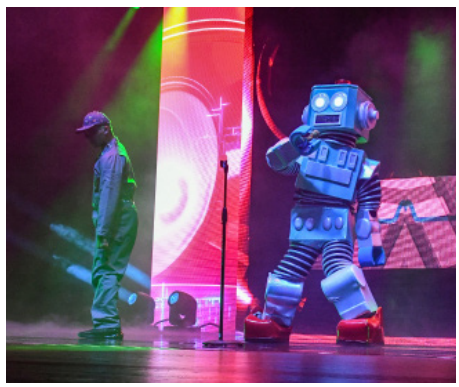


PHOTO CREDIT: YARUTA/GETTY.

CONTESTS & GIVEAWAYS

FIND AN ENTRY LINK to the following contest at **tulsakids.com/contests.**



SUMMER FUN PHOTO CONTEST, SPONSORED BY H2O INFLATABLE AQUA PARK!

We want to share in your summer adventures! From July 1–31, submit a photo to our Summer Fun Photo Contest for a chance to win two 5-hour punch passes to H2O Inflatable Aqua Park in Broken Arrow! To learn more about this exciting new facility, go to **h2oba.com**.

THE MASKED SINGER **TICKET GIVEAWAY!**

The Masked Singer National Tour is coming to the Tulsa Theater on July 10! Enter to win two tickets to the show through July 6.

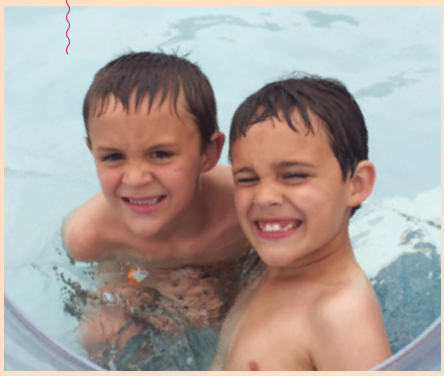
PHOTO COURTESY OF THE MASKED SINGER NATIONAL TOUR.

THANK YOU FOR ENTERING OUR **MAKE A SPLASH PHOTO CONTEST,** SPONSORED BY



Baby Everly's first swim.
PHOTO CREDIT: TULLEY GERHART

Brothers Landon (Left) and Ashton Dunster having fun in the sun!
PHOTO CREDIT: VICKI GRAVES





Everleigh Heather from Glenpool, OK.
PHOTO CREDIT: ASHLEY HEATHER



SUMMER **FAMILY FUN** GUIDE

Maximize your summer fun with the help of our Summer Family Fun Guide, sponsored by Dave's Claremore RV! You'll find free movies and outdoor concerts, road trip inspiration — enough fun to last you all summer long!

Available now at tulsakids.com/summer.

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Did you know TulsaKids has a Facebook group? Join TulsaParents to connect with local parents and caretakers, get exclusive opportunities to see your kid's picture in TulsaKids Magazine, extra community news and more!



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TULSAKIDS Family Favorites 2022 WINNER

THANK YOU FOR YOUR VOTES!

We appreciate our awesome patients and incredible staff for creating an award winning team. We are humbled to receive this award for an unprecedented 11th time!





Call today for a complimentary consultation and find out why so many people have voted us #1!

Emerson Orthodontics

800 W. Mission Street, Broken Arrow, OK 74102

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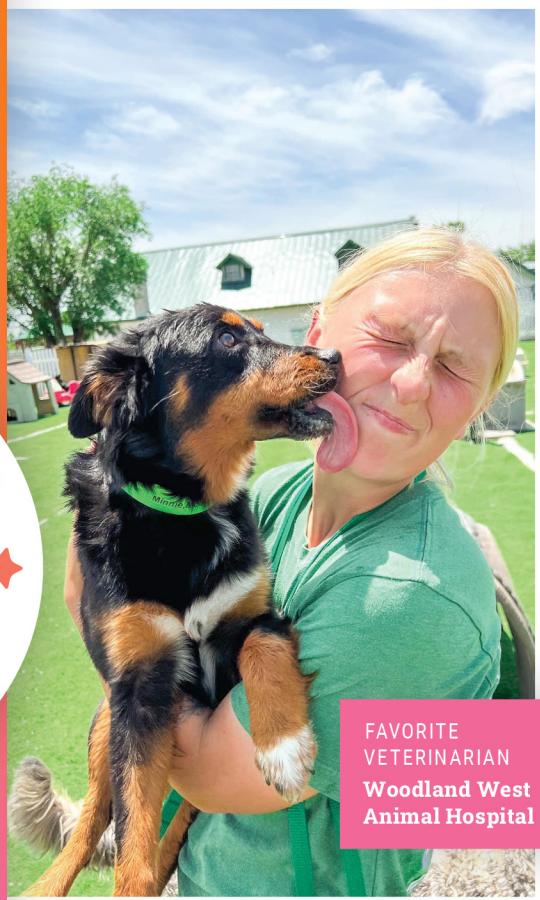
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TULSAKIDS

Family Favorites 2022



FAVORITE PLACE TO GET BREAKFAST
Neighborhood JA.M.



FAVORITE VETERINARIAN
Woodland West Animal Hospital

THE **FAMILY FAVORITES WINNERS** ARE IN

We asked our readers what they love — and they told us! Approximately 5,600 of you filled out Family Favorites ballots this year. You told us your family's favorite places to travel, get party gifts, toys and ice cream, favorite places to dine out or have a birthday party, favorite schools and camps, and even your favorite place to have a baby. We know you'll see some old favorites on this list, but also some new places to try.

Congratulations to all of our Family Favorites winners & finalists!



FAVORITE SHOPPING MALL OR DISTRICT
Utica Square



FAVORITE LOCAL ATTRACTION & FAVORITE PARK/PLACE TO GET OUTSIDE
Gathering Place

Don't Miss a Minute of Fun... Become a Member Today!



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Tulsa, OK 74105

discoverylab.org
918.295.8144

TULSAKIDS Family Favorites 2022 WINNER

What Members Have to Say About Discovery Lab:

We loved the variety of hands on activities for a cross section of ages. Fun place to let your kid run around on their own exploring and sharing immersive experiences with other children.

- Kate M.

We LOVED that there was something for all ages. That there's a place encouraging kids to try new things. To climb and explore. That it's indoors for the rainy, ridiculously hot and crazy cold days too!

- Samantha D.

FAMILY FUN & TRAVEL

TULSAKIDS Family Favorites 2022



FAVORITE MUSEUM

Discovery Lab

A kids' paradise of hands-on fun, Discovery Lab recently opened its permanent location at the south end of Gathering Place on Riverside Dr. Changing and permanent exhibits integrate science, technology, engineering, art and math, encouraging kids to create, problem solve, collaborate and learn the way kids learn best – through play! Take a break for lunch at the Bean Sprouts café and grab a coffee for yourself. With all the hours you'll spend at Discovery Lab, you might as well get a family membership.

FINALISTS

Philbrook Museum of Art; Tulsa Air and Space Museum & Planetarium

PHOTO CREDIT: ANNIE TYNDALL.



A trip to **BRANSON** isn't complete without a visit to the **TITANIC MUSEUM.**

PHOTO CREDIT: ANNIE TYNDALL.

FAVORITE LOCAL ATTRACTION

Gathering Place

Designated "a park for all," it's no surprise that Gathering Place was voted #1 by TulsaKids' readers. More than a park, this multi-faceted wonderland offers creative play structures, basketball courts, a skate park, zipline, restaurants to refuel, a lodge and boathouse that are worth the visit just to experience, locations for performances, educational programming, exhibits and events as well as seasonal activities. Storytimes, music and dance performances from a variety of cultures, yoga, basketball skills, movie nights, nature walks and more all await your family at Gathering Place.

FINALISTS

Oklahoma Aquarium; Tulsa Zoo

FAVORITE LOCAL PRO/ SEMI-PRO SPORTS TEAM

Tulsa Drillers

Families love to spend an afternoon at ONEOK ballpark or a summer evening under the stars watching Tulsa's favorite home team. Kids love the playground, while parents can watch the game from a blanket on the grass. Friday night games end in fireworks over the Tulsa skyline. Kids 12 and younger can join Hornsby's Bullpen for exclusive deals, birthday bonuses, contests, discounts and free tickets to Sunday day games! There's always something fun going on at a Drillers game!

FINALISTS

FC Tulsa; Oklahoma City Thunder

FAVORITE PARK/PLACE TO GET OUTSIDE

Gathering Place

Gathering Place wins in a second category, and it's no wonder. The park has garnered national awards and has welcomed numerous out-of-town visitors since opening. Tulsa families keep going back to enjoy the ongoing, high-quality programming and exhibits, but also to simply spend time together in the park's beautiful, natural setting.

FINALISTS

Ray Harral Nature Park; Tulsa Zoo

FAVORITE STATE PARK

Beavers Bend State Park

Tulsa families flock to Broken Bow, the gateway to Beavers Bend State Park. Broken Bow Lake is perfect for bass fishing, but also offers a picturesque setting for tent or cabin campers who want to enjoy the beauty of the outdoors. Vacationers may see black bears, eagles and other wildlife as they hike the trails. For more adventures, rent a canoe, kayak or boat to enjoy the view from the water.

FINALISTS

Keystone State Park; Robbers Cave State Park

FAVORITE PLACE TO CAMP

Beavers Bend State Park

TulsaKids' readers chose the Broken Bow area as their favorite camping destination. With so many hiking trails and activities in the area and hundreds of campsites, it's easy to see why people love the area. Campsites are around $20 per night, so it's an affordable way to enjoy the incredible outdoors with family and friends.

FINALISTS

Keystone State Park Robbers Cave State Park

FAVORITE HOTEL IN TULSA

The Mayo Hotel

Steeped in Tulsa history, it's no wonder readers picked The Mayo as their favorite hotel in town. The iconic landmark was built in 1925 and has hosted numerous luminaries such as Bob Hope, Babe Ruth, Will Rogers and John F. Kennedy. More recent famous guests include Lady Gaga, Justin Bieber and Josh Groban. Locals host weddings and events at The Mayo, and maybe a staycation now and then.

FINALISTS

Ambassador Hotel; River Spirit Casino Resort

FAVORITE WEEKEND GETAWAY

Branson, Mo

When Tulsa families want to get away for a weekend or a week, they head to Branson. Adults and kids alike can find something to do in and around Branson. The Ozark Mountains are the perfect backdrop to numerous attractions – the Titanic Museum, Silver Dollar City, performances – there are so many things to do and see in Branson, visitors go back year after year.

FINALISTS

Bentonville, AR; Dallas, TX

FAVORITE PLACE TO BUY AN RV

Wade's Rv

Family getaways are more fun when you can take the lodging along with you. Tulsans can take to the Mother Road, or any road, and see the country from the comfort of an RV. The folks at Wade's can explain all your options.

FINALISTS

Bob Hurley RV; Dave's Claremore RV

FAVORITE PLACE TO PLAY INDOORS

Discovery Lab

Discovery Lab wins in yet another category. Tulsa families are fortunate to have this amazing new facility where kids can create their own adventures through hands-on play and the magic of discovery.

FINALISTS

Main Event Tulsa; Urban Air Trampoline and Adventure Park

FAMILY DINING

TULSAKIDS Family Favorites 2022



FAVORITE PLACE TO GET A PIZZA

Hideaway Pizza

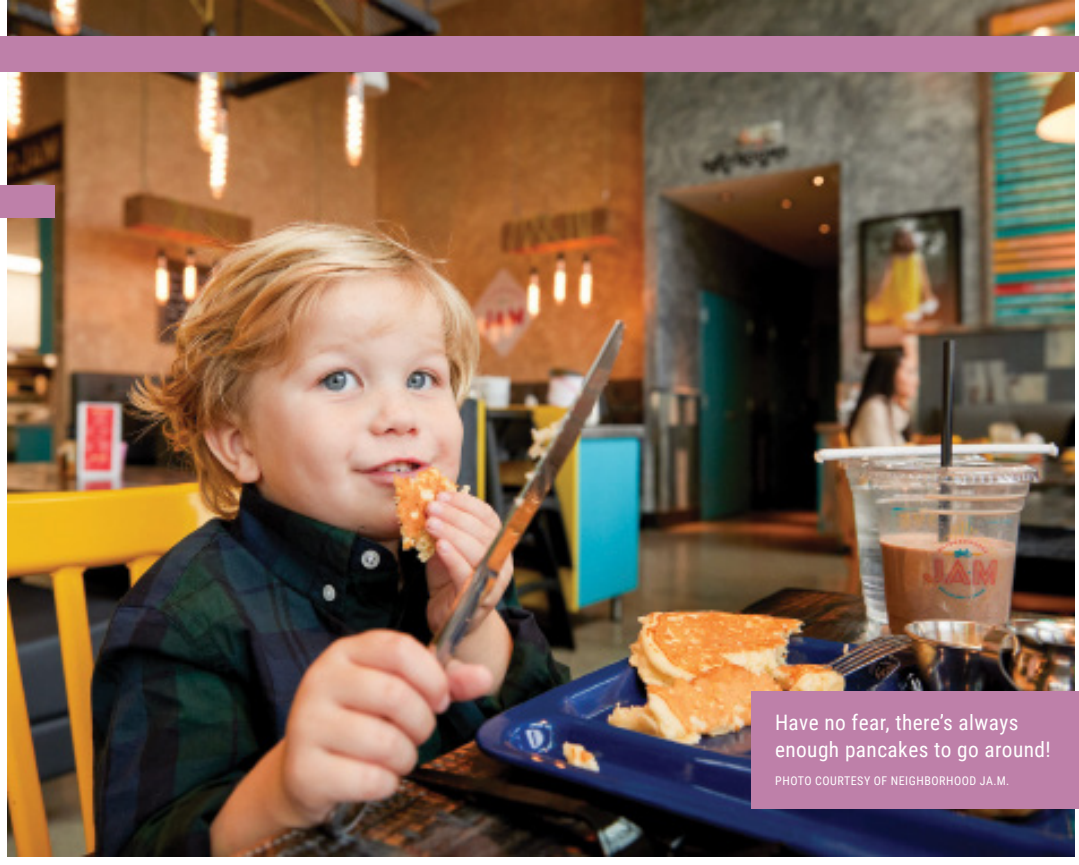
In a hotly contested category, families voted their three favorites, with Hideaway nabbing the top spot. Since its beginning in 1957 as a cozy pizza place just off the OSU campus, the Hideaway concept has grown to include locations throughout Oklahoma and Arkansas. Now including specialty pizzas, pastas, sandwiches and salads, everyone can find something to love (including those famous fried mushrooms)!

FINALISTS

Andolini's; Savastano's

Come for the pizza, stay for the smiles — Dakota Cannon (from left), Seth Winters, Jaelyn Richardson, Lynnen Robinson and Kathleen Davis will welcome you with friendly smiles.

PHOTO CREDIT: ANNIE TYNDALL.



Have no fear, there's always enough pancakes to go around!

PHOTO COURTESY OF NEIGHBORHOOD JA.M.

FAVORITE PLACE TO GET BREAKFAST

Neighborhood JA.M.

Huge biscuits, fluffy pancakes with towers of whipped cream, breakfast burritos, omelettes, sandwiches, endless versions of eggs and sides… What's not to like about this place? Did I mention the Breakfast Stuffed Poblano served with three eggs your way? If you haven't gone yet, just go and see what families are talking about.

FINALISTS

The Big Biscuit; Bramble Breakfast & Bar

FAVORITE PLACE TO GRAB A BURGER

Ron's Hamburgers & Chili

A previous Family Favorites winner, Ron's captures a win once again. With locations throughout Tulsa and the surrounding areas, Ron's has been a go-to for burgers, chili (and Frito pie!), salads and great fries and tots since 1975. Get the Ron's Special, a burger with ham, bacon, fried onions, cheese, lettuce, tomato, pickle and condiments. Get the onions fried in on the burgers and try the Spanish Fries.

FINALISTS

Fat Guy's Burger Bar; Smitty's Garage Burgers & Beer

FAVORITE ETHNIC RESTAURANT

Mondo's Ristorante Italian

Mondo's is so popular that it needed its own building! Opening in a new location down the street from the much smaller restaurant on Peoria, Mondo's continues to be a Family Favorite. Featuring authentic, original recipes from the Aloisio family in Abruzzi, Italy, Mondo's is a true family-owned and operated Italian gem.

FINALISTS

Lanna Thai; India Palace

FAVORITE PLACE TO GET ICE CREAM

Braum's

Many Tulsa families choose Braum's for after-school treats, after-the-game gatherings or any time that ice cream craving hits. For more than 50 years, Braum's has been bringing families together with their fresh, straight-from-the farm ice cream and dairy products. (The private dairy herd lives right here in Oklahoma!) Even though Braum's has expanded to many stores and many new products, it is still family owned and committed to quality. Their trucks deliver products to each store every other day. TulsaKids readers vote "yes" to that!

FINALISTS

Andy's Frozen Custard; Rose Rock Microcreamery

FAVORITE KIDS' MEAL

Chick-fil-A

It's no wonder there is always a line of cars at Chick-fil-A. Kids love it (adults do, too!). You know kids crave that crispy chicken — or maybe the grilled version — with a side of fruit and some low-fat milk. It's a meal kids AND parents can feel good about.

FINALISTS

The Brook Restaurant and Bar; McDonald's

FAVORITE MEAL/GROCERY DELIVERY SERVICE

DoorDash

Sometimes parents just don't have the time or energy to make a home-cooked meal. And when the pandemic kept us in, DoorDash entered our lives. Delivering breakfast, lunch and dinner — or groceries — DoorDash means you won't have to strap that screaming toddler into a car seat. Relax and get the app.

FINALISTS

Instacart; Uber Eats

FAVORITE FAMILY MEAL DEAL

McAlister's Deli

Families can get their favorite soups, sides and sweet tea in sharable sizes to go. The kids' meals such as grilled turkey and cheese can be customized to include sides of fruit, broccoli, cucumber & tomato salad, mac & cheese or applesauce. Adults have lots of options, too, which makes McAlister's an easy winner.

FINALISTS

Charleston's Restaurant; Taziki's Mediterranean Café

FAVORITE COFFEE SHOP

Rocket Brothers Espresso

Family-owned with locations in Tulsa and Broken Arrow, Rocket Brothers is a relative newcomer to the important category of places parents can get caffeinated. Besides coffee, lattes, cappuccino and mochas, you can get tea and specialty drinks — and even affordable bakery treats and oatmeal.

FINALISTS

The Coffee House on Cherry Street; Laurannae Baking Co.

FAVORITE PLACE TO BUY DOUGHNUTS

Sugar Llamas

Warm, baby cake donuts? Yes, please. Families looking for a donut/sugar/coffee fix voted Sugar Llamas as their favorite stop. With locations in Tulsa, Broken Arrow and Tulsa Hills, you can find one in your neighborhood. Those mini donuts come in a million flavors — and they're so cute!

FINALISTS

Hurts Donut Tulsa; Livi Lee's Daylight Donuts Super Shop

FAVORITE FOOD TRUCK

Andolini's

Tulsa families love pizza, and once again, Andolini's wins in the all-important food truck category. Get a ginormous slice of pizza for a mere five bucks and you'll be set (let the kids share one). The hand-tossed pizza is just as fresh and delicious as the restaurant version.

FINALISTS

Get Toasted; Mr. Nice Guys

BIRTHDAY PARTIES

TULSAKIDS Family Favorites 2022

FAVORITE PLACE TO BUY PARTY TREATS

Merritt's Bakery

Merritt's takes the cake when it comes to party treats. Whether you want a blow-out cake that is the centerpiece of the party, cookies or cupcakes, Merritt's bakers can create your vision. Tulsa families have trusted Merritt's to create their celebratory treats for generations.

FINALISTS

OKCookieMomster; Cookiedoodle

PHOTO COURTESY OF MERRITT'S BAKERY.



FAVORITE KIDS' PARTY ENTERTAINER

Dustin The Balloon Guy Of Tulsa Balloons

Once again, TulsaKids readers voted Dustin the Balloon Guy as their favorite party entertainer. While he does create some awesome balloon sculptures, that's not Dustin's only talent. He entertains audiences with juggling, magic, face-painting and amazing anime-style balloons and outfits.

FINALISTS

Balloon Man Neil; Hot Toast Music Co.

FAVORITE BIRTHDAY PARTY VENDOR

BA Bounce Houses

These bounce houses are unique. Choose from pastel colors such as lemon drop, pearl, cotton candy or even rainbow! It's like bouncing in a cloud.

FINALISTS

Balloon Therapy Tulsa; Next Level Balloons

FAVORITE BIRTHDAY PARTY VENUE

Tulsa's Incredible Pizza Company

Parents love the ease of birthday parties at Incredible Pizza. They provide food and entertainment (even invitations), while you sit back and enjoy being the best parent ever. Attractions include go-karts, laser tag, bumper cars, glow golf and much more. You choose the package that best fits your child.

FINALISTS

Adventure Avenue; Aim High Academy

FAVORITE PLACE TO BUY BIRTHDAY GIFTS

Kiddlestix Toy Store

Kiddlestix is known for its high quality, durable and educational toys — that are also fun! Locally owned, the staff can help you find just the right toy based on your child's interest, age and development. Parents know they can find just the right toy at Kiddlestix. And, there's always free gift-wrapping!

FINALISTS

Learning Express Toys; Tulsa Toy Depot

FAVORITE LAWN DÉCOR

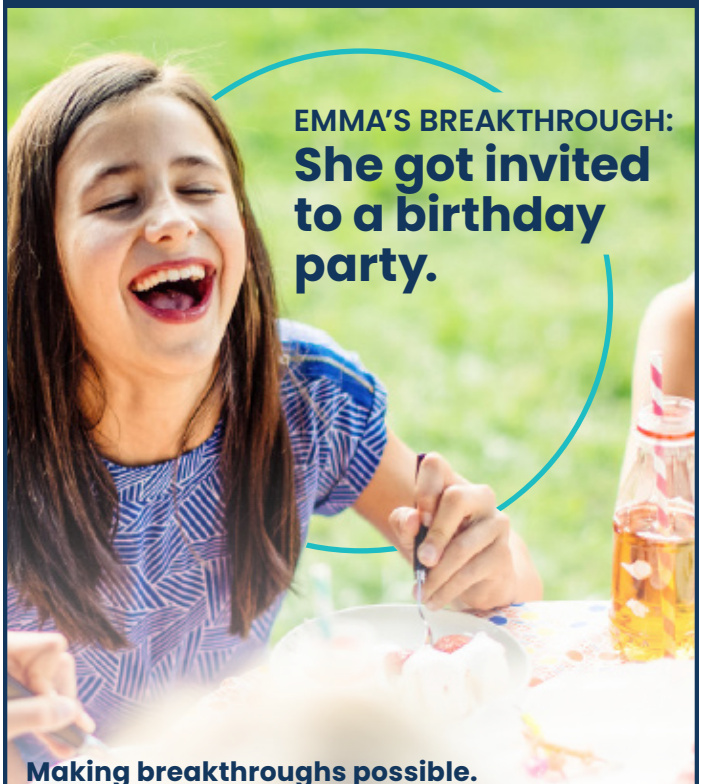
Sign Gypsies

The pandemic taught us that we can do celebrations in new ways — like using amazing lawn décor to surprise our kids. Parents love the personalized message and decorations that Sign Gypsies offer. Tell them what you're celebrating and what you want to say — whether it's a birthday, graduation, new baby or other event — and they'll do the rest!

FINALISTS

Curb Confetti; Tulsa Balloons

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SHOP LOCAL

TULSAKIDS Family Favorites 2022



FAVORITE SHOPPING MALL OR DISTRICT

Utica Square

Iconic, upscale and unique shops have drawn generations of Tulsa-area families to Utica Square. Easy at-the-door parking, beautiful landscaping, delicious restaurant options and fun events like Summer's Fifth Night all make Utica Square a gem in midtown Tulsa.

FINALISTS

Rose District; Tulsa Hills Shopping Center

PHOTO COURTESY OF UTICA SQUARE.

FAVORITE PLACE TO BUY CHILDREN'S CLOTHES

Once Upon A Child

Tulsa parents know where to shop for their kids' clothes and save money at the same time. The local owners of Once Upon A Child carefully curate what they sell, so parents with kids from birth through grade school can dress in style at 70% retail prices.

FINALISTS

Children's Orchard; Kathleen's Kids

FAVORITE MOMS' BOUTIQUE

J. Spencer

Founded by Julie Spencer, a wife, mom and entrepreneur, J. Spencer provides personal customer service. Tulsa-area moms know that they can find unique clothing, jewelry and accessories that will fit their style.

FINALISTS

Rages & Riches Lifestyle Boutique; YellowHouse Market & Boutique

FAVORITE CONSIGNMENT SHOP OR SALE

Rhea Lana's

Many area parents wait for Rhea Lana's seasonal sales to outfit their children at a fraction of retail cost. In addition to clothing, they load up on toys, costumes, maternity clothing, furniture and baby paraphernalia and more!

FINALISTS

Just Between Friends; Once Upon A Child

FAVORITE LOCALLY OWNED BOOKSTORE

Gardner's Used Books & Comics

TulsaKids' readers have been visiting Gardner's for years to find books for the entire family. Covering 23,000 square feet, the store has books for every interest. Many parents also sell or trade their books/music/games to save on cost.

FINALISTS

Eleanor's Bookshop; Magic City Books

FAVORITE FLORIST

Toni's Flowers & Gifts

TulsaKids' readers know they can trust Toni's when they need a bouquet for an anniversary or to send love to a friend or relative. Whether it's Mother's Day, a birthday or graduation, Toni's can make the day brighter with gorgeous flowers, artfully arranged in-house.

FINALISTS:

Gas Petal Flower Truck; Mary Murray's Flowers

FAVORITE LOCALLY OWNED GIFT SHOP

Ida Red General Store

Oklahoma-themed, local gifts are a stand-out at Ida Red. Families love the cool, local apparel, toys, cards and more that they can share with family and friends. What out-of-town baby wouldn't be proud to wear an iconic Golden Driller onesie?

FINALISTS

Amber Marie & Co.; Kiddlestix



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ALL ABOUT BABY

TULSAKIDS Family Favorites 2022

FAVORITE PLACE TO HAVE A BABY

Saint Francis Hospital

Parents have chosen Saint Francis Hospital as their trusted medical provider through pregnancy and birth. Caring and exceptional medical professionals support women through labor and delivery as families welcome their newest members. Parents have trust and confidence in the quality of care they receive at Saint Francis.

FINALISTS

Ascension St. John; Breathe Birth & Wellness

PHOTO COURTESY OF SAINT FRANCIS HOSPITAL



FAVORITE PRE-NATAL/ POST-PARTUM CLASSES

Birth & Beyond Pediatrics

Having a baby is a monumental event, and moms benefit from nurturing, professional support both before and after birth. The Birth & Beyond family prepares their patients so they know what to expect before the baby is born, and how to care for their infant afterwards. It's no wonder TulsaKids' parents have once again voted Birth & Beyond as a Family Favorite.

FINALISTS

Breathe Birth & Wellness; Saint Francis Hospital

FAVORITE MIDWIFE

Kim Kmita, Breathe Birth & Wellness

As a member of the team at Breathe Birth & Wellness, Kim is an experienced midwife who is committed to helping women have the birth they desire. She is a Certified Nurse Midwife and Women's Health Nurse with prior hospital experience. TulsaKids readers trust Kim to support them through childbirth with compassion and professionalism.

FINALISTS

Ruth Cobb, Special Delivery Birth Center; Shaun Baranowski, OSU-Tulsa

FAVORITE DOULA

Giselle Chebny, Breathe Birth & Wellness

Another member of the Breathe Birth & Wellness team was voted a Family Favorite. As a doula, Giselle cares for women through the amazing journey of childbirth. She has 15 years of experience and is a registered nurse who loves to help babies come into the world. A mom of four children, she knows the joy of welcoming a new baby into the family.

FINALISTS

Megan Gaspar, Tulsa Family Doulas; Taryn Starkey, Photo Doula

FAVORITE PLACE TO BUY BABY GIFTS

Peek A Boo Baby

TulsaKids readers know that they can find high quality baby gifts at Peek A Boo that will be treasured by the parents who receive them. From swaddles, clothing and towels to toys, furniture and bedding, there are so many wonderful gifts, it's hard to choose!

FINALISTS

Eleanor's Bookshop; Lolly Garden

FAVORITE NEWBORN PHOTOGRAPHER

Taryn Starkey, Photo Doula

The Photo Doula wins once again as a Family Favorite. Parents choose Taryn Starkey to document that special moment of bringing a baby into the world. Taryn strives to make parents feel comfortable and encouraged as she helps them document their unique birth story.

FINALISTS

Makenzie Howard Photography; Meagan Ready Photography



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TULSAKIDS Family Favorites 2022



FAVORITE CHILDCARE

Kirk Of The Hills Preschool

For the second year in a row, TulsaKids readers have voted Preschool at The Kirk as their Family Favorite. Parents like the nurturing, Christian, whole-child program that has been caring for kids for over 50 years.

FINALISTS

Asbury Church Preschool; Happy Campers Academy

PHOTO COURTESY OF KIRK OF THE HILLS PRESCHOOL.

FAVORITE PRESCHOOL

Kirk Of The Hills Preschool

The Kirk wins in a second category as a preschool where children have ample opportunity to learn through play. The school's philosophy is that "children learn best when they feel safe and loved and are given many opportunities to play and learn simultaneously."

FINALISTS

Metro Christian Academy; Miss Helen's Private School

FAVORITE PRIVATE ELEMENTARY SCHOOL

Metro Christian Academy

Families love Metro Elementary for its focus on the unique potential of every child. Children are exposed to a wide variety of opportunities to learn, including fine arts, athletics, service and outstanding academics. The school believes in the pursuit of excellence through Christ, and the mission to love God and love others.

FINALISTS

Miss Helen's Private School; Monte Cassino

FAVORITE PRIVATE MIDDLE SCHOOL

Metro Christian Academy

TulsaKids' readers voted Metro Christian Academy as a favorite in yet another category. Metro's middle school guides children through this often-difficult phase of life in a supportive, nurturing environment that prepares them for high school with rigorous academics and a strong base in Christian values.

FINALISTS

Miss Helen's Private School; Monte Cassino

FAVORITE PRIVATE HIGH SCHOOL

Metro Christian Academy

Metro provides families with a seamless and consistent educational experience from preschool through high school. Arts, athletics and academics with a biblical worldview all prepare Metro students for college and life. Students are encouraged to develop critical thinking skills and creativity in an interdisciplinary and experiential learning environment.

FINALISTS

Bishop Kelley High School; Holland Hall

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The Exhibition is organized by the Vergel Foundation and MondoMostre in collaboration with the Instituto Nacional de Bellas Artes y Literatura (INBAL).

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TULSAKIDS Family Favorites 2022



FAVORITE ART PROGRAM/LESSONS

Philbrook Museum of Art

Philbrook does it all for kids (and their parents)—art-making and creative opportunities abound. Saturday Open Studios and Studio Labs invite everyone to get messy making art. Philbrook uses the stunning outdoor gardens to inspire young and old through hiking, sketching and creative programming. Youth 17 and younger have free admission at Philbrook. (Summer camps are back this year!)

FINALISTS

Ahha; Tulsa Art Center

PHOTO CREDIT: PHILBROOK MUSEUM OF ART

FAVORITE IN-STATE CAMP

New Life Ranch

The mission of New Life Ranch is to "proclaim the Gospel of Jesus Christ and equip believers for ministry." New Life campers are treated to a variety of activities, including horseback riding, rock climbing and water play. Younger campers go to Frontier Cove in Adair, while those in grades 7–12 camp at Flint Valley in Colcord.

FINALISTS

Camp Loughridge; YMCA of Greater Tulsa

FAVORITE OUT-OF-STATE SUMMER CAMP

Camp War Eagle

Tulsa area parents voted Camp War Eagle in Arkansas as a favorite place to send their kids in the summer. A Christian sports, adventure and recreation camp for kids ages 6–17, the camp is set in the beautiful environment of northwest Arkansas.

FINALISTS

Camp Barnabas; Camp Mystic Guadalupe River

FAVORITE YOUTH THEATRE PROGRAM

Clark Youth Theatre

Parents picked Clark as a top program for their kids to learn all about acting from experienced adults who create a safe space for young people to make connections with others as they learn about themselves and the art of theatre. Clark's award-winning productions not only help kids hone their acting, singing, set design and expressive skills, they teach cooperation, creativity, teamwork, focus — all the qualities needed to pursue an avocation or a future career in theatre.

FINALISTS

Spotlight Children's Theatre; Theatre Tulsa

FAVORITE GYMNASTICS OR CHEER

Aim High Academy

A non-profit, Aim High seeks to give small gymnasts a fun way to learn the sport in a nurturing environment at two campuses in Tulsa. Parents looking for camps, dance, gymnastics programs for toddlers to teens or classes for children with special needs, can all find something to fit their child at Aim High.

FINALISTS

Above & Beyond Gymnastics Center; The Little Gym of SE Tulsa

FAVORITE SWIM LESSONS

Miller Swim School

Miller Swim School has been teaching Tulsans and families in surrounding communities to swim for generations. With a strong focus on water safety, Miller family and staff make it their mission to provide the best instruction possible for infants through adults. Private lessons, group lessons and swim teams, anyone and everyone can and SHOULD learn to swim!

FINALISTS

SafeSplash + SwimLabs Swim School—Tulsa; YMCA of Greater Tulsa

FAVORITE DANCE STUDIO

Tippi Toes

In this competitive category, Tippi Toes Tulsa jumped to the top. Whether you want to share music and that all-important sensory environment with your baby, join a Toddler and Me class, or enroll your children ages 3 and older in a ballet, tap & jazz or hip hop class, you can find what you're looking for at Tippi Toes. Parents love to see their children getting exercise and instruction in positive, fun, high-energy classes.

FINALISTS

Destiny Dance; South Tulsa Dance Co.

FAVORITE MARTIAL ARTS STUDIO

Martial Arts Advantage

Focusing on both the internal discipline and the external physicality of martial arts, this studio offers children and adults classes that build strength, coordination and fitness. The kids' martial arts classes are exciting and fun to keep kids interested, while learning life skills and self-defense.

FINALISTS

Christian Karate Academy; Golden Dragon Taekwondo

FAVORITE PLACE TO LEARN SOCCER

SoccerCity Tulsa



PHOTO CREDIT: ANNIE TYNDALL.

Parents of kids of all ages love SoccerCity, voting it their top choice for soccer training and fun. The Lil' Kickers program has classes for ages 18 months through 9 years. Classes are developmental, where trained coaches work with kids at their level. Play is fun, with activities geared toward each age level, and parents are included in the youngest children's classes. SoccerCity offers indoor soccer for older kids and adults, including youth and adult leagues. The summer camps are another winning option that makes SoccerCity a Family Favorite!

FINALISTS

Soccer Shots; YMCA of Greater Tulsa

FAVORITE SOCCER CLUB

Metro Tulsa Soccer Club United

Club soccer is popular with Tulsa area kids and youth. Metro Tulsa Soccer Club United (MTscU) was voted a Family Favorite for the second year in a row. MTscU offers programs for all levels of skill for young people ages 2 to 19, including players with special needs. Whether you're looking for a rec team or premier level, MTscU can help you find a spot.

FINALISTS

Broken Arrow Soccer Club; Tulsa Soccer Club

FAVORITE MUSIC PROGRAM/LESSONS

Saied Music Co.

TulsaKids' readers voted Saied as their top pick for their family's music needs. Lessons for all ages and instruments, band and orchestra instruments to buy or rent, print music, pianos, guitars, organs — Saied's has been helping families with their musical needs since 1946. The knowledgeable staff at one of their six locations (two in Tulsa) can guide you with personalized service, or you can shop online. Saied Music Company believes in the power of music and supports music education in schools. Saied's music students have the opportunity to perform in a monthly showcase or in special events.

FINALISTS

Anthem Road Academy; Tulsa Youth Symphony

FAVORITE TUTORING

Lavender's Bleu Literacy Market

Tulsa area parents know that their kids will find experienced literacy tutors at Lavender's Bleu. They like the free assessment as well as the individual instruction and the flexibility of 1-hour, 30-minute or 45-minute sessions. All tutors are certified reading specialists.

FINALISTS

Brain Balance Center of Tulsa; Mathnasium

FAVORITE PLACE FOR STORYTIME

Tulsa City-County Library

When it comes to incredible storytimes, it's tough to beat the Tulsa City-County Library (TCCL). With multiple locations and experienced librarians putting their special spin on storytime — and all those books! — TCCL is certainly a winner in this category. Making literacy come to life with music, fingerplays, performances and more, TCCL staff keep kids and their parents coming back.

FINALISTS

Gathering Place; Tulsa Toy Depot

TULSAKIDS Family Favorites 2022



FAVORITE DATE-NIGHT RESTAURANT

Nola's Creole & Cocktails

Nola's on Cherry Street was the winner when parents want to go out for dinner — sans kids! This speak-easy-like establishment brings New Orleans to Tulsa with its delicious Creole-style menu. Put the spice back into your relationship! Oysters, anyone?

FINALISTS

Mondo's Ristorante Italian;
Redrock Canyon Grill—Tulsa

PHOTO CREDIT: ANNIE TYNDALL



Tyler Moore is all smiles when getting his hair cut at **Kuts 4 Kids.**

PHOTO CREDIT: BRANDI MOORE

FAVORITE GROCERY STORE

Reasor's

Whether you need a birthday cake, flowers, dinner from the deli or groceries for the week, Reasor's is Tulsa families' top pick. Parents can find recipes, shop online and save money with store coupons and the rewards program.

FINALISTS

ALDI; Trader Joe's

FAVORITE FAMILY FRIENDLY GYM

YMCA Of Greater Tulsa

Families join the YMCA because there's something for everyone when it comes to staying fit and healthy. Parents can take fitness classes with childcare provided – a definite plus. Kids can participate in youth sports, swimming and more.

FINALISTS

Health Zone at Saint Francis; Life Time

FAVORITE CAR DEALERSHIP

Jim Norton Toyota

Choosing the family car is an important decision. Parents choose Jim Norton Toyota for their new and used vehicles. Toyota's safety features appeal to parents, and Jim Norton provides outstanding service to back it up.

FINALISTS

Bill Knight Ford; Jackie Cooper Imports

FAVORITE CHILDCARE SERVICE

The Hangout – Tulsa's Premier Childcare Center

When parents need full-time, part-time or drop-in childcare, they turn to The Hangout. They provide care for kids ages 4 months to 12 years in addition to fun holiday activities like a New Year's Eve lock-in, Halloween parties and more. Families like that they pick up children from some local schools.

FINALISTS

E-Nanny; SeekingSitters

FAVORITE HAIR SALON

Kuts 4 Kids

Kids sometimes don't want to get a haircut, but at Kuts 4 Kids, they'll beg you to take them. They'll get to sit on a pink VW, a motorcycle, or maybe a firetruck! The super kid-friendly environment makes it easy to get them in and get that trim.

FINALISTS

Berkshire Salon and Day Spa; Ihloff Salon & Day Spa

FAVORITE PLACE FOR A GIRLS' NIGHT OUT

The Succulent Shop

Moms need a night out now and then. TulsaKids' moms chose The Succulent Shop as their go-to for fun with the girls. A Broken Arrow boutique, this shop is a "sip-n-shop plant boutique." Order a drink from their full bar while you create your own succulent masterpiece to keep or give as a gift.

FINALISTS

In the Raw; Pinot's Palette

FAVORITE LOCAL BREWERY

Broken Arrow Brewing Company

This Native American brewery was voted a favorite by TulsaKids moms and dads. A microbrewery in the Rose District, this establishment occupies the original BA Ice Plant and Light & Power Company building. Great beer and cool merch, too!

FINALISTS

American Solera Brewery; Welltown Brewing

FAVORITE BANK/ CREDIT UNION

TTCU Federal Credit Union

Cars, homes, RVs – whatever your family needs to finance, TTCU can help. TTCU also supports parents as they teach kids about money – teens can receive $50 when they open a new checking account. And, TTCU has a Kids' Savings Club. They'll get a T-shirt, kids' savings book and a $10 Incredible Pizza game card when a parent signs them up. They'll also earn rewards for deposits!

FINALISTS

Arvest Bank; Bank of Oklahoma

FAVORITE AUTO INSURANCE

State Farm Insurance

In this all-important category, TulsaKids readers chose State Farm as their favorite auto insurer. Get a quick quote online, use the convenient mobile app, and earn discounts for safe driving.

FINALISTS

Farmers Insurance; USAA

FAVORITE HOME INSURANCE

State Farm Insurance

State Farm wins again in the Home Insurance category. Families want a trusted company to insure their home and property. State Farm has been around for 100 years. Get a quote or find an agent online.

FINALISTS

Allstate Insurance; Farmers Insurance

FAVORITE LAW FIRM

Tallgrass Estate Planning, LLP

Families often don't want to think about it, but they need the security of a will or trust. Parents will have peace of mind when they talk through their needs with a professional who can help them formulate the plan that will suit their needs.

FINALISTS

Barber & Bartz; Brian A. Crain, South Tulsa Law

FAVORITE DRY CLEANING SERVICE

Yale Cleaners

Parents like the in by 12, out by 5 convenience of Yale Cleaners. And when you've got those kids in the car, there's no need to get out and drag them in. Yale has drive-up service. Get the app and you'll automatically bet the best discount available – no coupon clipping!

FINALISTS

Brookside Cleaners; Fox Cleaners

PETS

TULSAKIDS Family Favorites 2022



FAVORITE VETERINARIAN

Woodland West Animal Hospital

When it comes to the family pet, Woodland West is a winner. Serving Tulsa and the surrounding communities, Woodland West gives pets compassionate, loving treatment. Pets are family members, too, and Woodland treats them as such.

FINALISTS

Forest Trails Animal Hospital; Good Shepherd Veterinary Hospital

PHOTO COURTESY: WOODLAND WEST ANIMAL HOSPITAL

FAVORITE PLACE TO BUY PET SUPPLIES

Southern Agriculture

Pet food, prescription food, leashes, collars, toys, medications – you name it – if it's something a pet needs, Southern Ag. has it. Families ranked this business #1 for a reason – everything pet-owners need and excellent customer service.

FINALISTS

The Dog Dish; PetSmart

FAVORITE DOG GROOMING BUSINESS

Dog 4 Dog Grooming

This is a business families can feel good about. Not only do they make sure every dog has a positive grooming experience, but they will also groom a rescue dog for every grooming you book! Aw, good dog!

FINALISTS

Muddy Paws; Sloppy Dog Wash

FAVORITE PLACE TO BOARD YOUR PET

Woodland West Pet Resort

"Resort" is the right word to describe this winning all-inclusive pet boarding service. Pets are treated to climate-controlled accommodations, a live, 24/7 webcam so you can watch your pet any time, and a variety of kennel options from the Lamborghini Suite to the basic Indoor/Outdoor option.

FINALISTS

Noah's Bed & Biscuit; Top Dog Ranch

FAVORITE PET RESCUE

Puppy Haven Rescue

When it's time to adopt that family pet, families chose Puppy Haven as the top spot to find, well, Spot…or Spike… or Princess…. Every dog deserves a furever home.

FINALISTS

Skiatook Paws and Claws Animal Rescue, Inc.; Tulsa SPCA

POWERING THE PRESENT.

EDUCATING THE FUTURE.



"Thank you for finding ways to introduce money-saving tips ... to us as a family."

– Megan, parent, Hoover Elementary School

FREE LESSON PLAN + TAKE-HOME KIT!

Students, teachers, and parents love PSO's education program for a reason—it's a fun way to teach kids about energy efficiency, while giving families the tools to save energy and money. We're investing in our communities, and providing free lesson plans, educational materials, activity books, and Energy Savings Kits to 5th grade students across Oklahoma. At PSO, we're working towards a sustainable, reliable energy future for us all – and it starts in the classroom.

To learn more about our energy efficiency education program, visit **PowerForwardWithPSO.com/programs/energy-saver-kit**

PUBLIC SERVICE COMPANY OF OKLAHOMA℠

An AEP Company

POWER FORWARD™

HOME IMPROVEMENT

TULSAKIDS Family Favorites 2022



FAVORITE LAWN & GARDEN CARE

Southwood Landscape And Garden Center

Shop their extensive plant collection — shrubs, trees, perennials, herbs and annuals — whatever you need to beautify your landscape. Don't have a green thumb? That's OK. Southwood can design and install everything for you.

FINALISTS

A Cut Above Lawn & Landscaping; Mother Nature's Pest & Lawn

PHOTO CREDIT: ANNIE TYNDALL.

FAVORITE INTERIOR DESIGNER

Britany Luth, Brit And Co

The family home should be the comfortable place that brings everyone together. Britany Luth combines the beautiful and the practical to create a home that will bring your dreams to life.

FINALISTS

Birdy Design; Emily Davis, Emily Davis Interiors

FAVORITE APPLIANCE STORE

Hahn Appliance Warehouse

Parents like the personal customer service they get at Hahn. Locally owned, Hahn Appliance Warehouse has been serving families in and around metro Tulsa since 1958.

FINALISTS

Lowe's Home Improvement; Metro Appliances and More

FAVORITE FURNITURE STORE

Mathis Brothers Furniture

TulsaKids' readers voted Mathis Brothers as their top Family Favorite because they know they can outfit every room in their house with beautiful and affordable furniture in any style.

FINALISTS

TA Lorton; West Elm

FAVORITE HOME RENOVATOR

Born Again Restored

Families who want to bring their older homes back to life, call Born Again Restored. For those who are ready to start new, they can do that as well. Even a smaller refresh can make a house more pleasant and livable.

FINALISTS

ReHome Remodeling & Construction; Rossi Brothers Company

FAVORITE HOME CLEANING SERVICE

Magic Maids Of Tulsa

Not only does this cleaning business clean homes and commercial spaces, but they also give back. Magic Maids of Tulsa partners with the nonprofit Cleaning For A Reason, which cleans homes to help women battling cancer. Magic Maids has a 100% satisfaction guarantee and will re-clean for free.

FINALISTS

ICleanIt; Nook & Cranny Homekeeping

FAVORITE HEATING AND AIR COMPANY

Airco Service

Online scheduling, coupons and quick home service for heating, air conditioning and plumbing make Airco Service and easy top pick for parents.

FINALISTS

Brad's Heating & Air, Inc.; Quality Heating, Cooling & Plumbing

FAVORITE PEST CONTROL

Mother Nature's Pest & Lawn

Termites, mice, spiders, bed bugs! Oh, my! From pests to lawn care, Mother Nature's Pest & Lawn can protect you and your family from weeds, bugs and other scary stuff.

FINALISTS

Creepy Crawlers Pest Control; Sure Shot Exterminating, Inc.

FAVORITE PLANT NURSERY

Southwood Landscapre And Garden Center

Southwood wins in a second category – this garden center has everything from shade plants to indoor greenery to trees.

FINALISTS

Riddle Plant Farm; Sanders Nursery & Distribution

FAVORITE HOME SECURITY

ADT Security Services

Moms and dads have enough to worry about without the stress of burglaries, car thefts and porch pirates. ADT Security gives parents peace of mind with a comprehensive security package.

FINALISTS

Advance Alarms, Inc.; Alert 360 Home Security

FAVORITE ELECTRICAL SERVICE

Murray Electric & Plumbing Services Llc

Scared of the dark? Murray Electric can get you back on track 24 hours a day, 7 days a week. Small and large electrical repair or new construction, Murray can turn it back on.

FINALISTS

Doug's Electric; Elliott Electric Supply

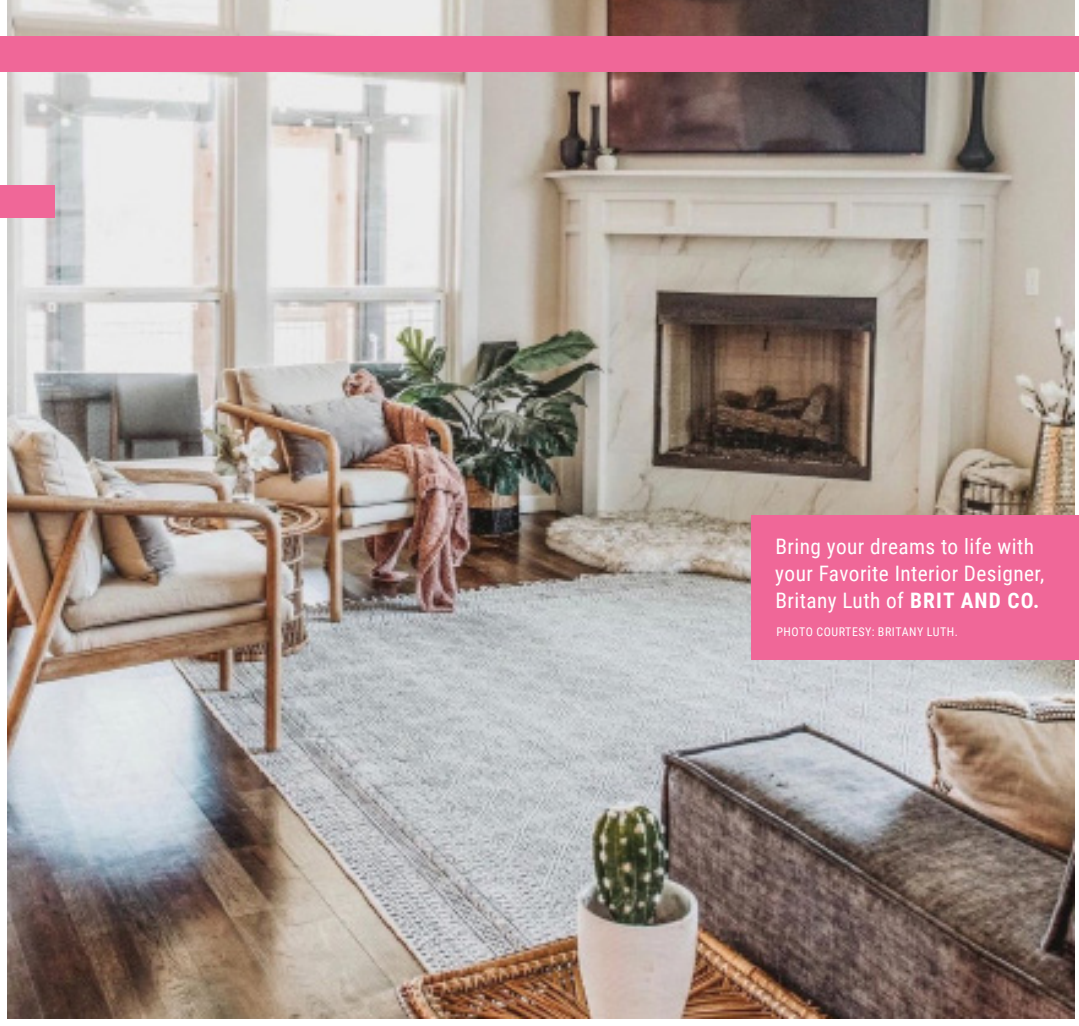
FAVORITE PLUMBING SERVICE

Williams Plumbing & Drain Services

Tulsa area parents want someone they can trust when they have a plumbing problem. Williams is licensed, bonded and insured, so you know they'll do the work. Locally owned, they can get that leak fixed in no time.

FINALISTS

Wooten Plumbing; Duvall Plumbing Co.



Bring your dreams to life with your Favorite Interior Designer, Britany Luth of **BRIT AND CO.**

PHOTO COURTESY: BRITANY LUTH.

STAYING HEALTHY

TULSAKIDS Family Favorites 2022

FAVORITE CHIROPRACTIC CLINIC

Thrive Chiropractic Clinic

TulsaKids families like the warm and welcoming philosophy of Thrive Chiropractic Clinic. Their goal is to minimize stress for both kids and their parents, not only through prenatal, post-partum and pediatric chiropractic care, but through providing kid-friendly entertainment while mom is getting adjusted. Dr. Cassidy Meredith and her team are devoted to helping women through pregnancy and beyond, and even work with groups like Baby Wearing Around Tulsa to provide extra support through education.

FINALISTS

Free Spirit Chiropractic; Hays Chiropractic; Sonda Powell, Optimal Health & Wellness

PHOTO COURTESY OF THRIVE CHIROPRACTIC CLINIC





PHOTO COURTESY: ROSS MEDICAL CARE.

FAVORITE PEDIATRICIAN

Dr. Umang Sood, Birth & Beyond Pediatrics

Readers may recognize the name because Birth & Beyond Pediatrics has been voted a TulsaKids Family Favorite many times. Parents love Dr. Sood as well as the caring, compassion staff at Birth & Beyond Pediatrics. They trust Dr. Sood to provide the best experienced and professional health care in an environment where they and their children feel comfortable.

FINALISTS

Dr. Elizabeth Dunlap, Florence Park Pediatrics; Dr. Stacey O'Sullivan, Pediatric Specialists of Tulsa

FAVORITE OB/GYN

Dr. Nathan Rapp, Tulsa Women's Health Care

TulsaKids' moms appreciate Dr. Rapp's experience in all aspects of women's health care, especially when pregnancies might involve risk or need unique care because of issues such as diabetes, hypertension or other potential problems. Every patient is treated as an individual with specific and personalized care.

FINALISTS

Dr. Sarah Shepherd, OB/GYN Specialists of Tulsa; Dr. Tracey Lakin, The Women's Health Group

FAVORITE OPTOMETRIST

Dr. Stephen Groves, His Vision Eye Care And Eye Wear

Kids and their parents love to see Dr. Groves for their eye health. The entire family can get exams and get glasses or contacts at His Vision Eye Care.

FINALISTS

Dr. Colby Beats, Broken Arrow Vision Clinic; Dr. Gary T. Denslow, Pediatric and Family Eye Care

FAVORITE KID-FRIENDLY DENTIST

On The Cusp Pediatric Dentistry

On the Cusp wins again this year in this category. Parents appreciate the excellent care and caring environment at On the Cusp's two locations. The staff takes extra time with children who are anxious or may have special needs. They have experience treating children for all kinds of issues, including those that may require sedation or oral surgery.

FINALISTS

Fox Broermann Pediatric Dentistry; Morrow, Lai & Kitterman

FAVORITE FAMILY DOCTOR

Dr. James Ross, Ross Medical Care

Dr. Ross is a past Family Favorites winner in this important category. A family doctor treats the entire family – infants, children and adults. Dr. Ross provides helpful information about healthy habits on his website. His patients appreciate that he spends time with them, listening to their concerns.

FINALISTS

Dr. Bradley Hardy, Warren Clinic Family Medicine; Dr. Elizabeth Severns, Warren Clinic Family Medicine

FAVORITE ORTHODONTIST

Dr. Clint Emerson, Emerson Orthodontics

Dr. Emerson has been voted to the top spot once again. Whether families need early treatment, treatment for teens or adults, Dr. Emerson takes care of it using the latest technology. Professional, experienced and fun, Dr. Emerson listens to patients and gives them the smile they desire. The offices are comfortable, with amenities that make all those trips to the orthodontist almost enjoyable.

FINALISTS

Dr. Blake Henry, Henry Orthodontics; Dr. Kelly Klontz, On the Cusp Pediatric Dentistry and Orthodontics

FAVORITE ALLERGIST

Dr. James Love, Allergy Clinic Of Tulsa

Dr. Love's training and experience in pediatrics and allergy/clinical immunology makes him a top choice when parents are looking for someone to treat their children's allergies. He's also a dad who understands parents' concerns and fears about their children's health.

FINALISTS

Dr. Lodie Naimeh, Allergy Clinic of Tulsa; Dr. Lynn Wiens, Warren Clinic Allergy and Immunology

FAVORITE ENT

Dr. Atul Vaidya, Eastern Oklahoma ENT

TulsaKids' readers voted Dr. Vaidya as their top choice for ear, nose and throat issues. Dr. Vaidya specializes in pediatric otolaryngology and nasal and sinus surgery.

FINALISTS

Dr. Evan Moore, Eastern Oklahoma ENT; Dr. Spencer Voth, Warren Clinic Otarlaryngology

FAVORITE PLACE FOR PEDIATRIC THERAPY

TherapyWorks

Parents love the comprehensive care their children receive at TherapyWorks. Occupational, physical, speech, feeding and school therapy are all offered by professional, experienced therapists under one roof. The large facility offers treatment in a comfortable, appropriate environment.

FINALISTS

Speech and Beyond, LLC; TherapyTown

FAVORITE ORTHOPEDIST

Dr. Mark Schwartz, Warren Clinic Pediatric Orthopedic Surgery

When it comes to orthopedic surgery, TulsaKids parents voted Dr. Schwartz as their trusted physician. Dr. Schwartz works within the Saint Francis Health system to provide professional and experienced care to his pediatric patients.

FINALISTS

Dr. Brian A. Chalkin, The Orthopaedic Center; Dr. Caleb Nunley, Tulsa Bone & Joint Associates

FAVORITE HOSPITAL

Saint Francis Hospital

Saint Francis Hospital provides compassionate care to families in Eastern Oklahoma for all their health care needs. Primary care, women's health, urgent care, pediatrics, cancer, orthopedics, cardiology or any medical need from infants to old age, Saint Francis can help you through with support and exceptional care from dedicated physicians, nurses and staff.

FINALISTS

Ascension St. John; Hillcrest Medical Center



CONGRATULATIONS TO THE 2022 WINNERS & FINALISTS!
Thank you for participating and spreading joy with this contest!

TULSAKIDS Family Favorites 2022

THANK YOU FOR VOTING!
Stay up to date on contests and more at **tulsakids.com** and we'll see you next summer for the **2023 Family Favorites** contest!



VICTORY CHRISTIAN SCHOOL

PRIVATE | CHRISTIAN | AFFORDABLE

Now Enrolling for 2022-2023

- *Championship Athletics*
- *Certified Teachers*
- *Fully Accredited K3-12th Grade*
- *Biblical Worldview Curriculum*

We would love for you to stop by and see why VCS is thriving!

@vcstulsa

Our families are here on purpose!

VCS is a private Christian school based on a philosophy grounded in a Spirit-filled, Biblical worldview, which recognizes the importance of the partnership between home and school. VCS serves families from all over Tulsa and its surrounding communities. Our first priority is to encourage the student's relationship with Jesus Christ. Our goal is to train, equip, and prepare students with quality academic, art and athletic programs as they boldly pursue God's purpose for their life.

ENROLL FOR **FREE**

JUST MENTION TULSA KIDS

$199 VALUE



2022 SCHOOL GUIDE

METRO CHRISTIAN ACADEMY

Keith Currivean, PhD, Headmaster

6363 S. Trenton Ave., Tulsa

918.745.9868

metroca.com

Located on a 60-acre campus in the heart of Tulsa at 63rd and Trenton, Metro Christian Academy is an independent Christian school serving students age three through 12th grade. They're all under one roof but with distinct areas for preschool, elementary, middle and high school.

Metro's Elementary program offers two tracks for students. One features traditional curriculum that students may join at any time. The other is a Spanish Immersion section that students may enter in Pre-K or Kindergarten and continue through 5th grade. Spanish Immersion students become bilingual by learning core subject content in Spanish including history, language arts, science and math.

Metro's secondary school offers a range of academic programs, including 15 Advanced Placement courses and eight courses for concurrent college credit. Metro offers activities for students of all ages including 11 varsity sports, debate, leadership, missions and fine arts classes like studio art, drama, band and choir.

At the heart of Metro is a sense of community. Students, parents, faculty, and staff all work together to educate and nurture students to reach their full potential. "We work to develop this culture in which everyone knows who you are," says Adam Taylor, Athletic Director. "You are somebody here. You are someone important."

MISS HELEN'S PRIVATE SCHOOL

Jayme Wingo-Baker

4849 S. Mingo, Tulsa

918.622.2327 | misshelens.com

director@misshelens.com

Miss Helen's Private School is a family-owned, family-focused business celebrating over 65 years. Teachers are college-degreed, caring and dedicated. All pre-Kindergarten classes offer music, Spanish, art, stories and science, pre-reading skills, math and dance through small group and independent activities. Small class sizes in grades K-5 enable students to have more individualized instruction and work beyond traditional grade levels. In addition to basic academics, we offer Spanish, fine arts, and community service and charitable projects as well as health, nutrition and fitness. After-school activities include computer classes, swimming, cheerleading, Amazing Athletes and more. Serving ages 3 years through 5th grade. We thank the TulsaKids readers for voting us the 2020 Family Favorite for Best Preschool. Come for a tour and see why!

MONTE CASSINO SCHOOL

Brooke Jones, Director of Recruiting

Kevin Smith, Head of School

2206 S. Lewis Ave., Tulsa

918.742.3364 | montecassino.org

bjones@montecassino.org

Founded in 1926, Monte Cassino is a traditional yet innovative Catholic school which focuses on outstanding instruction of reading, writing, math and the sciences. Our programs serve students from three years of age to eighth grade and encourage social and moral development within a strong community. In addition to the academic, community and social connections that Monte Cassino students develop, a myriad of opportunities exist for accelerated math and foreign language instruction from high school certified instructors, fine arts, innovative and applied sciences, robotics, theater arts, athletics and individualized approaches for many kinds of learners. Come see what it means to Be A Saint!





PRIMROSE SCHOOL OF BROKEN ARROW

Gia Patel

1701 W. Albany St., Broken Arrow

918.355.6827

primroseba.com

GPatel@PrimroseBA.com

facebook.com/primroseschoolbrokenarrow

Primrose School of Broken Arrow is the nation's leader in premier early education and care, serving infants through Pre-K. Our new state-of-the-art campus features a reinforced storm shelter, 12 classrooms and four secure, age-appropriate turf playgrounds, including a sports basketball court and garden patch. At Primrose Schools, we are motivated every day by our Mission: To forge a path that leads to a brighter future for all children. It's why Primrose Schools developed the Balanced Learning approach, and approximately 9 out of 10 Primrose pre-Kindergarten students demonstrated readiness for Kindergarten across six learning domains.

Our Balanced Learning balances purposeful play with nurturing guidance from teachers to encourage curiosity, creativity, confidence and compassion. Our research-informed, proprietary curriculum integrates sign language, Spanish, language and literacy; STEAM classes; social studies; music; gardening; social-emotional intelligence; and cognitive, physical and character development. We teach children values such as respect and the joy of giving without expectation through Primrose Promise giving events. From our proprietary curriculum to carefully planned, balanced meals and snacks, we provide a strong foundation for children to empower their full potential.

UNIVERSITY SCHOOL

Debra Price, Director

326 S. College Ave., Tulsa

918.631.5060

uschool.utulsa.edu

Celebrating its 40th year in the Fall of 2022, University School offers a challenging, yet nurturing, environment for gifted students ages 3 through 8th grade. Our program is well-rounded and includes art, music, physical education, foreign language and computer skills for all ages. Faculty and staff are dedicated to helping each student reach their full abilities, providing a strong foundation of academic excellence. University School values diversity and fosters an environment of respect for each member of the community.

Located on The University of Tulsa campus, our beautiful facility provides a unique setting and resources that few schools can match. Our students greatly benefit from a rich variety of learning opportunities and interactions with college professors and students as they endeavor to maximize their potential, develop creativity and become responsible citizens.

VICTORY CHRISTIAN SCHOOL

Jennifer Miller, Superintendent

7700 S. Lewis Ave., Tulsa

918.491.7720

vcstulsa.org

Facebook: @vcstulsa

Instagram: @vcstulsa

Victory Christian School is a fully accredited K3-12th grade school dedicated to instruction from a Biblical worldview. VCS serves families from all of Tulsa and its surrounding communities on its campus at 7700 S. Lewis Ave.

VCS continues its record growth, now enrolling over 1,500 NEW students since 2018. As a result, we have chosen to expand by creating a dedicated Kindergarten Wing, constructing our state-of-the-art STEM lab, and for the 2022-2023 year, we are adding four new classrooms to serve as the VCS History Department.

We would love for you to stop by and see why VCS is thriving.

With athletic training beginning at the elementary level, our student-athletes develop Christian character, leadership traits and a championship mindset leading to district, regional and state titles at all levels. Our volleyball team has won the last five 4A & 5A STATE CHAMPIONSHIPS! This past year, both Baseball and Football won their district title. Basketball, Soccer, Track and Tennis all advanced to the state finals this year.

Our VCS Studio Arts have received numerous local, state, and national awards. We've recently been recognized in the top 1% of all art programs in the United States.

Let us show you around! Visit vcstulsa.org/open-house today!

Contact Jan Thomas in Admissions at jthomas@victory.com or call 918.491.7763.

ASBURY CHURCH PRESCHOOL

Christina Chavez, Director

6767 S. Mingo Rd., Tulsa

918.492.1771

cchavez@asburytulsa.org

asburytulsa.org/ministries/preschool

The mission of Asbury Preschool is to Help Others Follow Jesus by nurturing children in their spiritual, academic, physical, emotional and social development.



SCHEDULE A TOUR!
marquetteschool.org

- Diocesan Catholic school
- PreK - Grade 8
- Whole-child educational approach

Innovative Education for Infants through 12th Grade

RIVERFIELD COUNTRY DAY SCHOOL



Center for Creativity



Clark Gymnasium Expansion



With two building projects under way, a dedicated faculty and staff, and ver 600 returning students, Riverfield is...

inspired to GROW

918.446.3553 • 2433 W. 61st St., Tulsa, OK 74132 • riverfield.org

Now enrolling!

PreK3-8th grade gifted children



- Small class sizes – 6.3:1 student-teacher ratio.
- Nine University School alumni are National Merit Scholarship semifinalists this year.
- Two University School alumni are 2022 U.S. Presidential Scholars candidates.

THE UNIVERSITY OF TULSA
University School

TU is an EEO/AA institution.

UTULSA.EDU/USCHOOL
918-631-5060



STEM
FRENCH, SPANISH, LATIN
ADVANCED MATH
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CODING CLUB
ATHLETICS & CHEER
FAITH FORMATION
ACADEMIC BOWL
STUDENT LEADERSHIP
GLOBAL PERSPECTIVES
MCTV CHANNEL 26

ACADEMIC SUPPORT FOR MANY KINDS OF LEARNERS

FINANCIAL ASSISTANCE IS AVAILABLE



WE NEVER STOP LEARNING.

MONTE CASSINO

NOW ENROLLING

PreK - 8th Grade
Enrollment is limited.

Come see how a Monte Cassino education can help your family.

Be a Saint.

TO SCHEDULE A TOUR, CALL 918-746-4238

montecassinoschool
@MonteCassinoSchool
2206 South Lewis, Tulsa
www.montecassino.org



AUGUSTINE CHRISTIAN ACADEMY

John Ahrens, Headmaster;
Kirk Post, Dean of Curriculum & Staff Development;
Brian Fitzgerald, Dean of Students & Staff

6310 E. 30th St., Tulsa

918.832.4600

acatulsa.org

Augustine Christian Academy (ACA) is a Christian, classical, interdenominational, college preparatory school for students in pre-Kindergarten thru 12th grade. ACA uses a classical model that integrates every subject with the Biblical truths of the Christian faith. Education at ACA is intended to be inherently different in philosophy and content than that offered in most other schools. We are dedicated to educating young people to think, reason and persuade from a distinctly Christian worldview. ACA offers a part-time option for homeschool families. Find us on Facebook and on our website at acatulsa.org!

BISHOP KELLEY

Patti Bush

3905 S. Hudson Ave., Tulsa

918.627.3390

pbush@bishopkelley.org

bishopkelley.org

Welcome! As the diocesan Catholic High School for the Diocese of Tulsa and Eastern Oklahoma, the mission of Bishop Kelley is to carry on the teaching ministry of Jesus Christ by providing a Catholic, Lasallian education that develops students whose hearts and minds are prepared for a purposeful life.

As a Life Preparatory School, the academic rigor pushes each student to their highest potential by offering over 190 courses that meet students where they are and push them toward excellence.

Our athletic programs, just like our academic programs, each strive to build students into compassionate, resilient, dedicated and faithful leaders in community. Since opening in 1960, the Comets have earned over 100 team state titles, 247 individual state titles and frequent recognition for outstanding regional, area and academic performance across 20 OSSAA-sanctioned sports.

In addition to faith, academics and athletics there are many other ways our students find their place for meaningful engagement with peers and their other interests. There is indeed a place for everyone in the Comet family.

CASCIA HALL PREPARATORY SCHOOL

Headmaster Father Philip Cook, OSA

2520 S. Yorktown Ave., Tulsa

918.746.2600

casciahall.com

Since 1926, Cascia Hall Preparatory School, a Catholic, Augustinian school serving grades 6-12, has excelled at cultivating young men and women of integrity who seek wisdom, justice, inclusion, service, and the pursuit of truth. At Cascia, we teach students to question and to value reason. We provide them with the necessary tools and instill in them the courage to carry out their pursuit. The college-preparatory curriculum features alignment in all subject areas in grades 6-12, the opportunity to earn high school credit in middle school, and the possibility of earning college credit in high school. The school offers a large variety of electives, especially in the arts, and our sports programs remain competitive.

CHRISTIAN MONTESSORI ACADEMY

RoseMarie Mann, Director

Laura Chisholm, Office Manager

3702 S. 90th E. Ave., Tulsa

918.628.6524 | christianmontessoriacademy.org

In a Christ-centered environment, CMA educates the whole child using the Montessori Method. CMA's community-oriented, multi-age classrooms invite learning in an enticing, stress-free setting. Our authentic Montessori materials and curriculum provide hands-on learning experiences and the joy of discovery. Our students are led by Montessori-trained guides and are encouraged to make choices to help develop a sense of independence and self-worth. Children attending CMA are not viewed as a group, but rather as individuals working toward their full potential within our community. We believe that the impressions formed today have a lasting impact on a child's attitude toward learning and life itself. Tours and visits can be scheduled by calling the office or visiting our website. We look forward to meeting your family!

EARLY LEARNING CENTER AT CHRIST UNITED METHODIST CHURCH

Lynn Coye

3515 S. Harvard, Tulsa

918.743.7673 | cumctulsa.com

lcoye@cumctulsa.com

The Early Learning Center is a 3 day/week program. We meet Mondays, Wednesdays and Fridays from 9:30 a.m. to 2:30 p.m. Our "Three and Me" program focuses on the young child aged 3 months-3 years. We are a Christ-centered preschool with Bible stories, music, art and movement each day. Our teachers are experienced in early childhood and are sensitive to the uniqueness of each child.

Daily instruction coupled with a focus on play makes for a great day for your child. We genuinely love what we do!





HAPPY CAMPERS ACADEMY

happycampersacademy.com

Three Locations:

Happy Campers
1819 E. 15th St., Tulsa
918.584.2779
hcatulsa@gmail.com
7:30 a.m.–5:30 p.m.

Happy Campers at Temple Israel
2004 E. 22nd Pl., Tulsa
918.747.3122
happycamperstempleisrael@gmail.com
7:00 a.m.–6:00 p.m.

Happy Campers at John Knox
2929 E. 31st St., Tulsa
918.742.7656
happycampersjohnknox@gmail.com

Ages 5–12 years old for after school care

Happy Campers Academy offers Tulsa and surrounding communities quality child care while families are at work. We accept children ages 6 weeks to five years of age and provide parents an opportunity to view their children in the early learning center through a closed-circuit internet connection. At all three of our midtown Tulsa locations, Happy Campers utilizes a child-centered philosophy and partners with our families to provide a quality educational experience in a nurturing environment. Our highly trained staff works to get to know each individual child and his/her cognitive and developmental needs, while seeking input from families to make the home and school transition smooth and communication open for the success of the child. Through a balance of developmental play and planned educational activities, our students learn best through doing — all while having fun and expressing themselves creatively. We start the foundation for learning when our students are infants — bonding and connecting. When they become toddlers, the focus is self-help and self-recognition and then during the twos, we build upon independence and language skills. The three-year-olds start making cognitive connections and experience the beginnings of social skills. Finally, in pre-K, students start connecting all the tools from every stage to form a strong foundation for early reading preparation to build confidence for kindergarten. Our teachers conduct conferences twice a year in order to build a strong home and school team. We want to keep parents informed about what their child(ren) is learning, developmental milestones that are being achieved and suggest skills that can be practiced at home. We believe that our child-centered philosophy will foster a love for learning in these ever-important early childhood years.

Our Happy Campers at John Knox location offers after-school care for students at Patrick Henry, Carnegie, Council Oak and Eliot. We offer a place for kids to do homework, play outside, and have a safe and structured time after school while parents are working for ages 5–12 years.

HOLLAND HALL

J.P. Culley, Headmaster

5666 E. 81st St., Tulsa

918.481.1111

hollandhall.org

Holland Hall is Tulsa's pre-K through Grade 12 Independent Episcopal School. We offer a student/teacher ratio of 9:1, a rich academic curriculum with 100 percent of students accepted to a four-year university and 90 percent receiving scholarships. Find more than 60 art classes, as well as dozens of individual and team sports — including many that have won state championships. We encourage your child to choose boldly from all we offer — with more than 30 clubs, honor societies and countless leadership opportunities — in a supporting, inclusive community. We honor the individual dignity of each child and provide the bedrock education every student needs to succeed in college, work and the world beyond.

LAKE HILLS MONTESSORI

Jodie Whitman

5130 E. 101st St., Tulsa

918.296.9936

jodie@lakehillsmontessori.com

lakehillsmontessori.com

Lake Hills Montessori is committed to providing quality education for children ages 2–6 years in a safe, loving, and stimulating environment. Each child's day is organized to ensure successful experiences that will foster self-esteem and a love of learning. LHM offers a traditional Montessori curriculum that allows children to learn through exploration and play. In addition to providing an atmosphere of discovery, LHM offers dance, Spanish, soccer, music, yoga and art. School time 8:30 a.m.–3:00 p.m. and before/after care 7:30 a.m.–5:30 p.m. Follow us on Instagram or Facebook!

MARQUETTE CATHOLIC SCHOOL

1519 S. Quincy, Tulsa

918.584.4631 | marquetteschool.org

At Marquette Catholic School we have been educating the next generation for more than 100 years. Offering PreK3–eighth grade, Marquette is a place and community that first and foremost belongs to Jesus Christ. We form students with care, intentionality and excellence, and then send them out into the world to transform it. In our Early Childhood Development Center, three- and four-year-olds are immersed in a rich curriculum that prioritizes their physical and emotional needs in classrooms custom-made for their needs. In kindergarten through eighth grade, our teachers focus on developing well-rounded, happy and faith-filled students through our whole-child approach. Our rigorous academic curriculum upholds the Catholic tradition as our faith animates every aspect of our school. The Sacraments, prayer and liturgy are not afterthoughts, but the source and summit of our existence. With an enrollment of approximately 400 (K–8), our students possess great character and virtue, and are academically prepared for high school. The best way to experience our community is to see it for yourself. Schedule a private tour today!



"We could not imagine a better place for our children. Marquette provides a strong foundation of faith and academics in a safe, loving environment surrounded by teachers who know their faces and genuinely care about their success in life. It is truly a wonderful school." — *The Elder Family*

MARQUETTE CATHOLIC SCHOOL
Educating the Mind, Body and Spirit

MarquetteSchool.org



"We're so grateful for Miss Helen's! My daughter always felt like it was "home". The class sizes were small, and she learned everything from computers to music to Spanish/French and even cheerleading from 3 years old all the way through 5th grade. It's a very well-rounded education! When she graduated from 5th grade, she was completely prepared for middle school at Holland Hall. The teachers really paid attention to all the little details of learning with my daughter. At her 5th grade graduation, my daughter said this, "A school is built with brick and mortar, but Miss Helen's is built with love and care."

MISS HELEN'S
PRIVATE SCHOOL

918-622-2327 | Director@MissHelens.com
MissHelens.com | 4849 South Mingo, Tulsa

In 2016 and 2018, God grew our family through the gift of international adoption. As a multicultural family, we realized the importance and need to surround our children with diversity, both in race and culture. God opened our eyes to VCS and the moment we toured the school and walked through the hallways, we knew this was the place for our family. The culture of the school mirrors the culture of our own home. Knowing that our children are being taught a solid education all while being encouraged to develop the gifts and anointing God has uniquely placed inside of them is priceless. We are proud to be Conquerors!

–Rocky & Samantha Ausbrooks



VICTORY CHRISTIAN SCHOOL
7700 S. Lewis Ave. | Tulsa, OK 74136
918.491.7720
www.vcstulsa.org | @vcstulsa
Contact: Jan Thomas, Admission Specialist
jthomas@victory.com | 918.491.7763



"We feel like University School offers a great mix of a lot of the values around equality and inclusiveness that you find in the larger school systems, and a lot of the academic rigor and opportunities for world class teaching that you find in many selective schools. Our children are receiving a world class education in an environment that is not bringing an equivalent amount of pressure."

- Drs. David and Christie Kendrick

THE UNIVERSITY OF TULSA
University School

TU is an EEO/AA institution.

CHOOSE Christian.
CHOOSE Classical.

Our family chose ACA because...



When we found ACA, we were impressed by their support of homeschooling families. We loved the classical education model, encouragement to critically think, and the variety of class choices we were given. As a homeschooling family, our kids thrived in extracurricular activities and the leadership opportunities ACA offers.

However, the real hidden gem at ACA is the student culture of celebration of each other. In all of our varying homeschool and traditional schooling experiences, we have never seen students support, rally, and enthusiastically cheer each other on like we have at ACA. We are so thankful for the Christ-centered environment, family community, and positive influence ACA has had on our children's lives.

- Erin & Bob Bush

AUGUSTINE CHRISTIAN ACADEMY
in Thy light, we see light Ps. 36:9
www.acatulsa.org

CMA
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OPPORTUNITY SCHOLARSHIP FUND

1831 E. 71st St., Tulsa

918.877.2710

info@osfkids.org

osfkids.org

Every child deserves access to the learning environment that's right for them.

Through the Opportunity Scholarship Program, donors provide pre-K–12 private school scholarships to Oklahoma students and families in desperate need. They receive BIG tax credits in return and get to feel good knowing they're making a major impact on children's lives!

There are over 70+ OSF member schools across Oklahoma. To see our roster, apply for a scholarship or visit osfkids.org!

RIVERFIELD COUNTRY DAY SCHOOL

Kacey Davenport

2433 W. 61st St., Tulsa

918.446.3553 | riverfield.org

admissions@riverfield.org

It is an exciting time to be a Riverfield Raven! Construction has begun on a 15,000-square foot Center for Creativity that will house a black box theater, rehearsal rooms, recording studios, visual art studios, maker spaces and a severe weather shelter designed to meet ICC 500 standards. The expansion of the Clark Gymnasium is underway, which will double the footprint of the existing building, adding court space, seating, locker rooms and a concession stand.

Riverfield provides a student-centered approach to education for students 8 weeks through 12th grade with an innovative program of authentic, experiential learning in which individuality is valued and the needs of the whole student are honored. Small class sizes, along with the collaborative nature of our classrooms, provide the opportunity for students to cultivate leadership, interpersonal skills and the confidence needed for success today and tomorrow. Personalized programming and flexible scheduling offer Middle and Upper School students the opportunity to develop talents and explore interests in a college prep setting. The 120-acre campus encompasses a barnyard, hiking trails, gardens, freshwater system, outdoor classrooms and athletic fields.

Accredited by the Independent Schools Association of the Southwest (ISAS), National Association for the Education of Young Children (NAEYC) and Oklahoma Private School Accreditation Commission (OPSAC).

QUESTIONS TO ASK WHEN CHOOSING A SCHOOL

The National Association of Independent Schools (NAIS), a nonprofit membership association, offers the following tips for finding the right fit for your child. And keep in mind that what is a good fit for your friend's child may not be a good fit for your child.

Once you have identified what you want in a school and have narrowed the list, start gathering more information. Research the school through the website, written materials and talking to other parents. Visit the school. Ask questions.

Here are some questions NAIS says parent may want to ask:

- What is the school's mission or educational philosophy?
- Is the school accredited, and if so, by what accrediting agency?
- How many students does the school have? How diverse is the student body?
- What is the student-teacher ratio?
- Do the teachers have degrees in the subjects they teach?
- Is the atmosphere competitive or more nurturing?
- What kinds of students do best at the school?
- What types of learning experiences are available — in class, on the playing field, in extracurricular activities, in leadership programs and community service?
- How does the school get parents involved? What do parents typically do?
- How much is the tuition?
- Are there other charges, such as for books, lab fees, transportation, and so on?
- What financing options or financial aid does the school offer?
- What is the financial aid application process? When are the deadlines?
- What is the process for applying to the school?

SOURCE: NAIS.ORG



CASCIA HALL

OPEN HOUSE SEPTEMBER 25, 2022



2022 GRADUATE STATISTICS

1	1	3	$11.1M	57	24	5
National Merit Finalist	National Merit Semifinalist	National Merit Commended	Merit-based College Scholarships Offered	National Honor Society Members	Oklahoma Academic Scholars	Collegiate Athletes

"A good education is a foundation for a better future."
ELIZABETH WARREN

Selecting your child's school is a big decision! TulsaKids' School Guide can help.

SCHOOL GUIDE

From preschool to high school, find top local schools at **tulsakids.com/guides**.

tulsakids

TULSA ER & HOSPITAL

71st & Hwy 75 • tulsaer.com • 918-517-6300







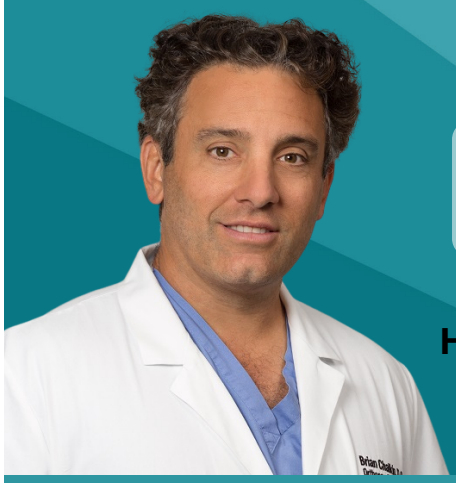
HOW EMERGENCY & HOSPITAL
CARE SHOULD BE

Tulsa ER & Hospital was created to bring around the clock, concierge-level, quality adult & pediatric care for our community.

We strive to provide our patients with the best experience with short wait times in a comfortable & efficient environment.

Thank you for choosing me as a Family Favorites Finalist!

TULSAKIDS Family Favorites 2022 FINALIST



Dr. Brian Chalkin

Board Certified, Fellowship Trained
Hand & Upper Extremity Surgeon and
Orthopaedic Surgeon

"I have a true passion for getting kids back to their best selves to keep their development on-track. It's an honor to serve the kids of Tulsa!"

The ORTHOPAEDIC CENTER

ASK THE EXPERTS

BUNDY LAW OFFICE



Aaron Bundy
Trial & Appellate Lawyer

How do I talk to my child about divorce?

Determining how to discuss divorce with a child is a difficult question. We know that children are perceptive and can sense change, and we also know that children should not be burdened with the problems of adults. Some tips for appropriate discussion include:

1. **Get good advice.** It can be difficult to stay objective about a situation where your own interests are at stake. Talk to your attorney and your counselor to make sure you have good perspective about what your child should know.
2. **Involve the other parent.** When possible, a joint approach may reassure your child and alleviate anxiety about changes.
3. **Keep it simple.** Oversharing with children can negatively impact them and cause unnecessary worry. Let your child know that their mom and dad will always be the parents and that your child is loved by both.

2509 E. 21st Street,
Tulsa, OK 74114
918.208.0129
BundyLawOffice.com

BUNDY LAW OFFICE

DYSLEXIA CENTER OF TULSA



Dr. Penny Stack
Founder & Owner

Are there other learning disabilities that can be confused with dyslexia?

Yes. Often characteristics such as fidgeting, difficulty following verbal directions, misunderstanding the meaning of words, difficulty with verbal expression or spelling are associated not only with dyslexia, but may also be associated with dysgraphia (difficulty with handwriting), Auditory Processing Disorder (perfectly functioning hearing, but unable to understand noise) or Attention Deficit Hyperactive Disorder (can impact learning). One disability does not cause the other, but a person may have a combination of disabilities. It is important for your provider to understand the nuances of each to ensure proper diagnosis and treatment.

8988 S. Sheridan Rd
#D1, Tulsa OK 74133
918.313.5518
DyslexiaTulsa.com

DYSLEXIA CENTER OF TULSA

GREENHOUSE PEDIATRIC THERAPY



Kassie Allison, MOT, OTR/L

My 2-year-old son isn't saying as many words as my girls did at his age. My aunt said that the youngest kids are delayed because their older siblings talk for them. What can I do to help him catch up?

Your aunt's theory is a common one. However, research has consistently shown birth order does not impact speech-language development, even when older siblings speak for the younger ones. First, I recommend a hearing screening to rule out a mild hearing loss. The Tulsa Health Department offers hearing screenings, as do many pediatricians. The second step is to get a speech-language evaluation to find out if he truly has a delay, how significant it is, and what may contribute to it. Strategies for helping him will vary depending on the reason for the delay. Until you can get more information to better direct your efforts, focus on long and silly back-and-forth games (peek-a-boo, gotcha), singing songs with hand gestures, reading books together and narrating what you think he might want to say. Avoid focusing on labeling objects or getting him to repeat words. Communication best develops through relationships.

2033 W. Houston, Broken Arrow
11211 N. Garnett, Ste. B, Owasso
918.994.7799
GreenHousePeds.com

GREENHOUSE pediatric therapy

MILLER SWIM SCHOOL



Sarah Clavin

6 lifejacket tips to remember while at the lake this summer!

1. **Make sure it meets safety standards:** Verify that your lifejackets are Coast Guard Approved.
2. **Choose the size based on your child's current weight:** Don't purchase a bigger size for your child to grow into. You want it snug!
3. **Go bright:** Vivid colors are more easily seen in the water, so the brighter the better!
4. **Put lifejackets ON, not just NEAR, your child:** Don't just pack lifejackets. Require that they be worn while in the boat.
5. **Don't let lifejackets replace adult supervision:** Children should be supervised and within arms' reach of an adult at all times.
6. **Test it out:** In the water, test life jacket safety by wading in with your child until he's at chest level. Assist him as he brings his knees up and floats on his back. Make sure the life jacket keeps your child's head safely above water and that he can breathe. While beside your child, have him practice swimming in the life jacket on his back and belly.

6415 S. Mingo Rd., Tulsa
525 W. 91st St. S., Jenks
918.254.1988
MillerSwimSchool.com

Miller swim school

LICE CLINICS OF AMERICA – MIDSOUTH



Wade Huntsman
Owner

What are common myths about head lice?

Lice can infest my home. No, unlike roaches and termites, lice only live off the head for about 48 hours. On a head, however, infestations can last years.

Pets can spread lice. Another myth. Human head lice are just that: They only live on human heads, never pets or other parts of the human body.

Mayo kills lice. Mayo kills a few lice but does not kill eggs. That's like killing a wasp and leaving the hive. Mayo and little dirty fingernails can also cause a bacterial infection on the scalp that is more dangerous than lice. Avoid using food on the scalp.

Super Lice aren't real. Super Lice are pesticide resistant and very real. They make up the majority of lice in North America today. That's why Rid and Nix are failing today's families. Pesticide-based treatments are doomed to fail. Clinical dehydration is the modern medical treatment standard.

3421 E. 21st Street
Tulsa, OK 74114
918.779.0001
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Lice Clinics OF AMERICA®

AMPLIFY YOUTH HEALTH COLLECTIVE



Jenny Briggs, LMSW
Amplify Youth Health Collective Program Director

How can parents support youth as they navigate technology?

Young people today have technology at their fingertips earlier than ever, and keeping kids safer online takes more than setting up parental controls. Parents can help develop media literacy and communication skills by discussing media messages early and often. Families can talk together to identify their screen-time wants, needs, and limits and develop family agreements about technology use. Focus on creating an open and welcoming environment to talk about social media and how they engage online. Asking nonjudgmental, curious questions about what your child or their friends have experienced online and how they feel is important — and creates connection! Parents should prepare to talk openly about sexualized content online. Families can engage children early in conversations about awareness, critical thinking, autonomy, relationships, consent, and sex to lay the groundwork for informed decision-making and open dialogue between young people and their parents.

1601 South Main St., Suite 200,
Tulsa, OK 74119
918.794.9073 | AmplifyTulsa.org
info@amplifytulsa.org

AMPLIFY

JULY 2022

SCAN THE QR CODE
to find more events at
tulsakids.com/calendar!



ANASTASIA
JULY 19–24
Details p. **56**

KYLA STONE (ANYA) IN THE NORTH AMERICAN TOUR OF ANASTASIA — PHOTO BY JEREMY DANIEL



BUILD A READER STORYTIME
JULY 26
Details p. **57**

Tulsa City-County Library is hosting fun activities for all ages, all summer long! Find them at tulsalibrary.org/events.

PHOTO CREDIT: ALICIA KOBILNYK.



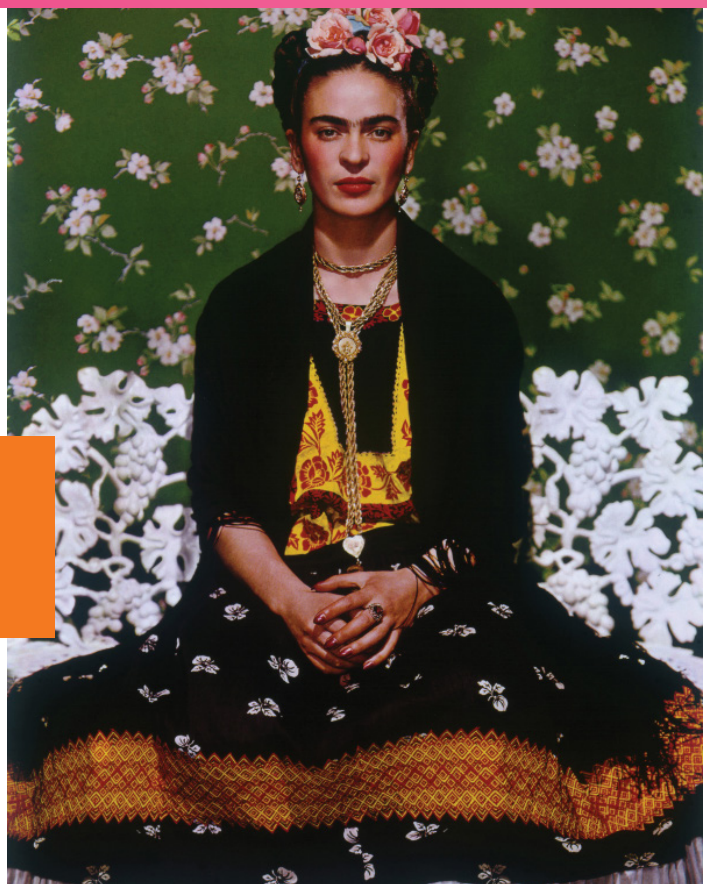
WALKING TOUR AT TULSA ZOO
WEEKLY
Details p. **54**

Visit Addison the Red Panda in a new exhibit inside the **Zucconi Conservation Center.**

PHOTO COURTESY OF TULSA ZOO

BROUGHT TO YOU BY

TULSAZOO



Experience the dazzling Frida while celebrating her belated birthday at **Philbrook Museum of Art.**

PHOTO CREDIT: "FRIDA KAHLO ON BENCH #5," BY NICHOLAS MURAY.

July 1 Friday

WATER BALLOON LAUNCHING! F

Ages 10-18, Charles Page Library, 551 E. 4th St., Sand Springs, tulsalibrary.org

Launch water balloons at targets, launch them without breaking the balloon and more. Dress to get wet!

MIGHTY KIDS: PARENT'S NIGHT OUT

6-9 p.m., Kirk of the Hills, 4102 E. 61st St., thekirk.com/ministries/special-needs

Parent's Night Out is open to families that have a child with a developmental disability. While parents have a night out, their children enjoy a fun evening of fun activities. Pre-registration required.

July 2 Saturday

TULSA FARMERS' MARKET F W

All ages, 7-11 a.m., Kendall-Whittier Square, Lewis and Admiral, tulsafarmersmarket.org

Support local farmers and entrepreneurs at this popular farmers' market!

SATURDAY TINY TOTS!

Ages 0-6, 9-11 a.m., Wheels and Thrills, 10637 N. Garnett Rd., Owasso, wheelsandthrills.com

Skate, play, ride and jump! Don't forget your socks!

TREE FORT STORY TIME

11-11:30 a.m., Tulsa Botanic Garden, 3900 Tulsa Botanic Dr., tulsabotanic.org

Meet in the shade of the Tree Fort in the Children's Discovery Garden as Garden staff will share *Sweet Pea Summer* by Hazel Mitchell. Free with admission.

July 3 Sunday

TEEN SUMMER SURVIVAL PACK F

Ages 10-18, Central Library, 400 Civic Center, tulsalibrary.org

Pick up your Teen Summer Survival Pack with resources to make 2022 the best summer ever! Repeats daily through July 31.

July 4 Monday

MOVE IT! W

Ages 0-4, 11 a.m., Discovery Lab, 3123 S. Riverside Dr., discoverylab.org

The youngest Discovery Lab visitors are invited to enjoy special programing in the Little Lab!

July 5 Tuesday

BUILD A READER STORYTIME: BILINGUAL/CUENTOS BILINGÜES F W

10:30-11 a.m., Maxwell Park Library, 1313 N. Canton Ave., tulsalibrary.org

Stories, songs and activities in English and Spanish. / Cuentos, canciones y actividades en inglés y español.

NATHALIA: BILINGUAL MUSIC FOR FAMILIES! F

Ages 4-8, 1-2 p.m., Jenks Library, 523 W. B St., tulsalibrary.org

Children's songwriter Nathalia engages families in an interactive musical performance.

July 6 Wednesday

LITTLE GARDEN EXPLORERS W

Ages 0-5, 9:30-11:30 a.m., Philbrook Museum, 2727 S. Rockford Rd., philbrook.org

Drop-in for imaginative, easygoing play!

STORY TIME AT TULSA ZOO W

10 a.m., Tulsa Zoo, 6421 E. 36th St. N., tulsazoo.org

Listen to a story and meet an animal ambassador each Wednesday morning inside the Cox Nature Exchange.

July 7 Thursday

GARDEN PLAY THURSDAY F W

Ages 5-10, 10-11 a.m., Central Library, 400 Civic Center, tulsalibrary.org

Head to the garden for outside fun and games!

OCEAN EXTRAVAGANZA LEGO BUILD F

Ages 5-10, 11 a.m.-12 p.m., Broken Arrow Library/South, 3600 S. Chestnut Ave., Broken Arrow, tulsalibrary.org

Put engineering principles into practice and build ocean scenes to display in the library.

July 8 Friday

FAMILY MOVIE FRIDAY F

Ages 0-12, 10 a.m.-12 p.m., Central Library, 400 Civic Center, tulsalibrary.org

Grab your picnic basket and blanket and come to watch a movie in the garden.

FRIDA BIRTHDAY BASH

All ages, 5-9 p.m., Philbrook Museum, 2727 S. Rockford Rd., philbrook.org

Celebrate Frida Kahlo's belated birthday with games, prizes, music, food and drinks!

July 9 Saturday

WALKING TOUR AT TULSA ZOO (W)

All ages, 10 -11 a.m., Tulsa Zoo, 6421 E. 36th St. N., tulsazoo.org

On this walk, visitors will not only learn about specific animals at the Tulsa Zoo, but about the conservation of these species in the wild.

SECOND SATURDAY DOG DAY

All ages, 10 a.m.-5 p.m., Tulsa Botanic Garden, 3900 Tulsa Botanic Dr., tulsabotanic.org

Dog Days are special days when your four-legged family member can join you for a walk (and sniff) in the Garden. See website for special Dog Day activities and pricing.

CHOCOLATE SHOWDOWN! WITH EVAN MORGAN-NEWPHER (F)

Ages 10-18, 2-3 p.m., Pratt Library, 3219 S. 113th W. Ave., Sand Springs, tulsalibrary.org

Compete in the library's Chocolate Showdown with host Evan Morgan-Newpher, a competitor on this season of Food Network's Great Chocolate Showdown. Pre-register at tulsalibrary.org/events.

July 10 Sunday

SENSORY-FRIENDLY FAMILY TIME

All ages, 9:30-11:30 a.m., Discovery Lab, 3123 S. Riverside Dr., discoverylab.org

Discovery Lab opens early for families with children on the spectrum and other sensory needs.

July 11 Monday

THE MASKED SINGER

All ages, 7:30 p.m., Tulsa Theater, 105 Reconciliation Way, themaskedsingertour.com

The Masked Singer National Tour comes to Tulsa!

TINY FANDOMS WITH SARAH BOWEN (F)

Ages 13-18, 2-3 p.m., Owasso Library, 103 W. Broadway St., Owasso, tulsalibrary.org

Make a polymer clay miniature based on your current favorite media. Class size limited.

July 12 Tuesday

JEANNE B. GOODWIN STORYTELLING FESTIVAL (F)

All ages, 2-3:30 p.m., Rudisill Regional Library, 1520 N. Hartford Ave., tulsalibrary.org

Various performers, crafts and activities will show you the world is your oyster at this annual storytelling festival!

MERMAID AND OCEAN SLIME! (F)

Ages 5-10, 3-4 p.m., Schusterman-Benson Library, 3333 E. 32nd Pl., tulsalibrary.org

Get ready for messy, sparkly fun — and make mermaid and ocean slime. First-come, first-serve.

VIKING EXPERIENCE (F)

Ages 10-18, 3-4 p.m., Hardesty Regional Library, 8316 E. 93rd St., tulsalibrary.org

Learn Nordic Rune divination, create your own Viking braid or become the Jarl by competing in the game Hnefataefl. Pre-register at tulsalibrary.org/events.

July 13 Wednesday

KIDS CONNECTION (F)

Grades K-5, 4:30-5:30 p.m., The Arc of Oklahoma, 2516 E. 71st St., Suite A, thearcok.org.

Social group designed for children, grades K–5, with high-functioning autism For more information, contact Sherilyn Walton or Steve Pitts at 918.582.8272.

FULL BUCK MOON WALK

All ages, 7-8:30 p.m., Oxley Nature Center, 6700 Mohawk Blvd., oxleynaturecenter.org

Hike beneath the full moon! Pre-registration required two days before the event. Call 918.596.9054 to register.

WOODY GUTHRIE FOLK FESTIVAL

All ages, July 13-17, Okemah, Oklahoma, woodyfest.com

Commemorate the life and music of Woody Guthrie with five days of live music, including a Children's Music Festival on July 16.

July 14 Thursday

PORTER PEACH FESTIVAL (F)

All ages, July 14-16, Porter, OK, porterpeachfestivals.com

Celebrate all things peachy at the Porter Peach Festival! Find arts vendors, a car show, parade, live music and more!



Join artist Nathalia for family-friendly, bilingual concerts, July 5–7. Find details at tulsalibrary.org/events.

PHOTO COURTESY OF TULSA CITY-COUNTY LIBRARY.

This information is correct to the best of our knowledge. However, check with the organizer before attending events, as information can change.

SLAM POETRY PERFORMANCE AND PANEL DISCUSSION (F)

Ages 10-18, 7-8:30 p.m., Rudisill Regional Library, 1520 N. Hartford Ave., tulsalibrary.org

Slam poets will perform their art and then have a panel discussion about how to get started.

SUMMER'S FIFTH NIGHT (F) (W)

All ages, 7-9 p.m., Utica Square, 21st and Utica, uticasquare.com

Listen to live music every Thursday evening at Utica Square, through August 4.

July 15 Friday

ANIMAL ENCOUNTER (F) (W)

All ages, 10 a.m.-12 p.m., Gathering Place, 2600 S. Riverside Dr., gatheringplace.org

Meet animals up close and learn how you can be a wildlife hero!

July 16 Saturday

ROCK, GEM, MINERAL & JEWELRY SHOW

All ages, 9 a.m.-6 p.m., Expo Square, 4145 E. 21st St., tulsarockandmineralsociety.org

Explore rocks, minerals, gems and more at this annual event hosted by the Tulsa Rock and Mineral Society. Lots of fun, low-cost activities for kids. Repeats July 17, 10 a.m.-5 p.m.

ARTS AND PARKS (F)

All ages, 9 a.m.-12 p.m., Hicks Park Community Center, 3443 S. Mingo Rd., facebook.com/hicksparktulsa

Celebrate self-expression with Gilcrease Museum and Tulsa Parks! Enjoy food trucks, art workshops, vendors and more.

SHARKS IN THE PARK (F)

All ages, 10 a.m.-2 p.m., Jenks Downtown Commons, 224 E. A St., Jenks, sharklahoma.com

Eat free hot dogs, cool off in the splash zone, play yard games and more!

TASTE OF SUMMER

All ages, 10 a.m.-3 p.m., Central Park Community Center, 1500 S. Main St., Broken Arrow, tasteofsummerba.com

It's an all-you-can eat ice cream festival, with food trucks, live entertainment, cooling stations and other fun.

FAMILY DAY (F)

All ages, 1-3 p.m., Will Rogers Birthplace Ranch, 9501 E. 380 Rd., Oologah, willrogers.com

Learn about lace and lace-making with the Lacemakers Guild of Oklahoma!

July 17 Sunday

GARDENS & GALLERIES TOUR: FRIDA'S FLOWERS & GARDENS

All ages, 10-11 a.m., Philbrook Museum, 2727 S. Rockford Rd., philbrook.org

Explore the Philbrook Gardens with curatorial and horticulture staff to experience how the beauty of nature inspired work by Frida Kahlo.

July 18 Monday

BUILD A READER STORYTIME: BABIES (F) (W)

Ages 0-2, 10-10:20 a.m., Hardesty Regional Library, 8316 E. 93rd St., tulsalibrary.org

Enjoy songs, stories and activities that are just right for your little one at this lapsit storytime.

July 19 Tuesday

4TH ANNUAL LIP SYNC BATTLE

All ages, 6 p.m., Pathways Adult Learning Center, 4102 E. 61st St., pathwaysok.org/battle

Watch an epic lip sync battle and vote for your favorites! Or register to compete!

ANASTASIA

Ages 8 and up, 7:30 p.m., Tulsa PAC, 110 E. 2nd St., celebrityattractions.com

This dazzling musical transports you from the twilight of the Russian Empire to the euphoria of Paris in the 1920s, as a brave young woman sets out to discovery the mystery of her past. Additional showtimes through July 24.

July 20 Wednesday

BUILD A READER STORYTIME: FAMILY (F) (W)

Ages 0-5, 10:30-11 a.m., Helmerich Library, 5131 E. 91st St., tulsalibrary.org

There's something for everyone – simple songs and books for little ones, more interactive stories and activities for older children.



Celebrate **Sharklahoma** at **Sharks in the Park** in Jenks, July 16.

PHOTO COURTESY OF JENKS CHAMBER OF COMMERCE.



Find all that glitters at **Tulsa Rock and Mineral Society's annual Rock, Gem, Mineral & Jewelry Show,** July 16-17 at **Expo Square.**

PHOTO COURTESY TRMS.

July 21 Thursday

SAFE KIDS TULSA CAR SEAT CHECK (F)

10 a.m.-12 p.m., Tulsa Fire Department Station 22, 7303 E. 15th St., safekidstulsa.com

Experts will help make sure your child's car seat is installed correctly!

BOBA PARTY (F)

Ages 13-18, 5-7 p.m., Schusterman-Benson Library, 3333 E. 32nd Pl., tulsalibrary.org

Make boba and mini boba key chains!

July 22 Friday

FOWLER AUTOMOTIVE FILM ON THE LAWN : COCO

All ages, 6-10:15 p.m., Philbrook Museum, 2727 S. Rockford Rd., philbrook.org

Watch Coco and enjoy family activities in the Philbrook gardens! Film begins at 8:30 p.m.

July 23 Saturday

REDBUD FARMER'S MARKET (F) (W)

All ages, 9 a.m.-1 p.m., Redbud Festival Park, 109 N. Main St., Owasso, facebook.com/redbudfestivalpark

You'll find everything at this farmer's market, from produce to fresh flowers, spices, honey and more.

SUPERFUN SATURDAY: FRIDA & FIESTA

All ages, 9:30 a.m.-2 p.m., Philbrook Museum, 2727 S. Rockford Rd., philbrook.org

Celebrate the life, art, music, food, and vibrancy of Mexico through Frida Kahlo's eyes in this all-ages fiesta.

July 24 Sunday

NATIONAL PARENT'S DAY

All ages, 10 a.m.-5 p.m., Tulsa Botanic Garden, 3900 Tulsa Botanic Dr., tulsabotanic.org

Parents pay half-price admission with a paid child's admission.

July 25 Monday

ZUMBA WITH TESS MACK (F) (W)

All ages, 5:30-6:30 p.m., Guthrie Green, 111 E. Reconciliation Way, guthriegreen.com

Work up a sweat while having fun at this free Zumba class!

July 26 Tuesday

MEMBERS' EARLY MORNING

All ages, 7-10 a.m., Tulsa Botanic Garden, 3900 Tulsa Botanic Dr., tulsabotanic.org

Botanic Garden members can visit during the cooler hours of the morning for a walk, bird watching or photography.

BUILD A READER STORYTIME (F)

10-10:30 a.m., Jenks Library, 523 W. B St., Jenks, tulsalibrary.org

Join Ms. Jayme and Marlow the Pig for a fun storytime. Repeats July 5 and 26.

STARLIGHT BAND: JAZZ UNDER THE STARS (F)

All ages, 8 p.m., Guthrie Green, 111 E. Reconciliation Way, starligthconcerts.org

Relax to an evening of jazz music, courtesy of the Starlight Jazz Orchestra!

July 27 Wednesday

MR. STINKY FEET (F)

Ages 3-10, 11 a.m.-12 p.m., Hardesty Regional Library, 8316 E. 93rd St., tulsalibrary.org

Celebrate the love of reading with music with family musician Mr. Stinky Feet!

TEEN CONNECTION (F)

For middle and high schoolers, 4:30-6 p.m., The Arc of Oklahoma, 2516 E. 71st St. A, thearcok.org

Social group for middle and high school students with high functioning autism. For more information, contact Sherilyn Walton or Steve Pitts at 918.582.8272.

This information is correct to the best of our knowledge. However, check with the organizer before attending events, as information can change.



Introduce your littles to a museum through a morning **Storytime in the Gardens** at **Philbrook Museum of Art.**

PHOTO COURTESY OF PHILBROOK MUSEUM OF ART.

July 28 Thursday

STORYTIME IN THE GARDENS (W)

Ages 0-10, 10-10:30 a.m., Philbrook Museum, 2727 S. Rockford Rd., philbrook.org

Drop in for imaginative stories geared towards kids 10 and under.

THURSDAY TINY TOTS (W)

Ages 0-6, 10 a.m.-1 p.m., Wheels and Thrills, 10637 N. Garnett Rd., Owasso, wheelsandthrills.com

Skate, play, ride and jump! Don't forget your socks!

July 29 Friday

WILL ROGERS MOVIE NIGHT: "WHERE THE RED FERN GROWS" (F)

All ages, 6-9 p.m., Will Rogers Memorial Museum, 1720 W. Will Rogers Blvd., Claremore, willrogers.com

Do movie-themed crafts and activities from 6-7, before watching the feature film.

FINAL FRIDAY IN THE PARK (F)

All ages, 6-9 p.m., LaFortune Park, 5202 S. Hudson Ave., www2.tulsacounty.org/parks

Listen to live music by Blu Root while supporting local artists and grabbing a bite to eat!

July 30 Saturday

ZOORASSIC WORLD WALKING TOUR (W)

All ages, 9-10 a.m., Tulsa Zoo, 6421 E. 36th St. N., tulsazoo.org

Take a guided tour through Tulsa Zoo's Zoorassic World!

DIY MERMAID SUGAR SCRUB (F)

Ages 10-18, 10:30-11:30 a.m., Hardesty Regional Library, 8316 E. 93rd St., tulsalibrary.org

Tired of expensive skin-care routines? Learn how to create your own DIY sugar scrub! Pre-register at tulsalibrary.org-events.

July 31 Sunday

OPEN SWIM (W)

All ages, 4-6 p.m., Miller Swim School, 6415 S. Mingo Rd., millerswimschool.com

Practice your swim skills or just have fun at Miller's weekly Open Swim sessions.



LOOKING FOR MORE FAMILY FUN?

Our email subscribers get **ten weekend event ideas** delivered to their inboxes every Thursday!

Sign up today at **tulsakids.com/newsletter**.

tulsakids

Where to Celebrate Independence Day



PHOTO COURTESY: RIVER PARKS AUTHORITY

Find more at tulsakids.com/fourth-of-july-family-fun-in-green-country.

TULSA DRILLERS GAMES + FIREWORKS SHOWS

July 1 and 2, 7:05 p.m.; July 3, 6:05 p.m.

ONEOK Field, 201 N. Elgin Ave.

End a night at the ballpark with a spectacular fireworks show! tulsadrillers.com

BLOCK PARTY

July 1, 6-10 p.m.

New Orleans and Elm, Broken Arrow

This family-friendly Block Party will be a fun-filled, patriotic evening featuring a car show, kid's zone, live music, food trucks, vendors, and a grand finale firework show! facebook.com/neworleanssquarebrokenarrow

BIXBY FREEDOM CELEBRATION

July 1, 7-10 p.m.

Bentley Park Sports Complex, 8505 E. 148th St. S., Bixby

Watch a patriotic program, grab dinner from a variety of food vendors and participate in the Kids Firefighter Challenge before the fireworks! bixbyfreedomcelebration.com

INDEPENDENCE DAY CELEBRATION

July 2, 9 a.m.-10 p.m.

Collinsville City Park, 415 S. 19th St., Collinsville

The City of Collinsville is gearing up for the biggest Independence Day Celebration yet! Watch the parade down Main Street at 9 a.m. Other festivities will continue throughout the day, including free watermelon, turtle races, food trucks, face painting and much more! facebook.com/cityofcollinsvilleoklahoma

FIREWORKS IN THE PARK

July 3, 6-10 p.m.

Case Community Park, 2500 S. River City Park Rd., Sand Springs

Join Sand Springs Parks for food, fireworks, and fun July 3rd for the annual Fireworks in the Park! Food and activities will begin at 6 p.m., with fireworks blasting off at dusk. facebook.com/sandspringspark

FOLDS OF HONOR FREEDOMFEST

July 4, 6-10 p.m.

River West Festival Park, 2100 S. Jackson Ave.; Dream Keepers Park, 1875 S. Boulder Ave.

Enjoy an evening of festivities, complete with bounce houses and more, before the fireworks begin! Tune to KRMG (740 AM and 102.3 FM) during the display to hear the accompanying musical score. freedomfesttulsa.com

RED, WHITE AND BOOM

July 4, 9:30-10 p.m.

Fireworks will be launched from The Greens Golf and Athletic club, and should be visible from many viewing points in the 86th and 129th area (Owasso)

Red, White, and BOOM is Owasso's annual Fireworks Show! Tune your radio to KYFM 100.1 to enjoy patriotic music during the show. cityofowasso.com



PHOTO COURTESY: TULSA DRILLERS

CHEER FOR YOUR TULSA DRILLERS!

The following games take place at **ONEOK Field, 201 N. Elgin Ave.** Purchase tickets at **tulsadrillers.com.** And sign the kids up for Hornsby's Bullpen to receive free tickets to Family FUNday Sunday games and other perks!

7/1, 7:05 p.m. vs. Arkansas Travelers*
7/2, 7:05 p.m. vs. Arkansas Travelers *
7/3, 6:05 p.m. vs. Arkansas Travelers *
7/22, 7:05 p.m. vs. Wichita Wind Surge*
7/23, 7:05 p.m. vs. Wichita Wind Surge *
7/24, 1:05 p.m. vs. Wichita Wind Surge **
7/26, 7:05 p.m. vs. Arkansas Travelers
7/27, 7:05 p.m. vs. Arkansas Travelers
7/28, 7:05 p.m. vs. Arkansas Travelers
7/29, 7:05 p.m. vs. Arkansas Travelers*
7/30, 7:05 p.m. vs. Arkansas Travelers
7/31, 1:05 p.m. vs Arkansas Travelers**

*Fireworks nights **Family FUNday Sunday

This information is correct to the best of our knowledge. However, check with the organizer before attending events, as information can change.

H2O
INFLATABLE AQUA PARK

Broken Arrow's Newest Water Park!

Invite Your Friends For A Day Of Water Park Fun!

H2O Inflatable Water park is open seven days a week

Purchase Passes Online at H2OBA.com!



h2oba.com | 918-455-7943 | info@h2oba.com
2800 E. New Orleans St, Broken Arrow, OK 74014

FIND US ON

Enrich your **child's education** with the help of TulsaKids' **Enrichment Guide.**

You'll find **athletic programs, tutoring, music classes** and **more!**

TulsaKids.com/Guides

TULSA KIDS ENRICHMENT GUIDE

MISS HELEN'S
PRIVATE SCHOOL



TULSAKIDS Family Favorites 2022 FINALIST

ENROLLING FOR FALL!

918-622-2327 | director@misshelens.com
MissHelens.com | 4849 South Mingo, Tulsa

Thank you for Voting Us a Family Favorites Winner!



CLARK YOUTH THEATRE
918-596-1412 • CLARKYOUTHTHEATRE.COM
CLARKYOUTHTHEATRE@GMAIL.COM
TULSAKIDS Family Favorites 2022 WINNER

Drillers

FAMILY FUNDAY SUNDAY

ENJOY AN AFTERNOON OF BASEBALL WITH GREAT PERKS FOR THE KIDS!

JULY 24 JULY 31 AUGUST 14

• KIDS 12 AND UNDER EAT FREE! • POSTGAME KIDS RUN THE BASES
• PREGAME ON FIELD ACTIVITIES • GIVEAWAYS FOR THE 1ST 500 KIDS



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We offer Baby Ballet, Ballet/Tap/Jazz and Hip Hop Dance Classes

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TULSAKIDS Family Favorites 2022 WINNER

Thank You for Voting!



THANK YOU, TULSA!

We are honored to be named TulsaKids Favorite Place for Pediatric Therapy for the 4th consecutive year. TherapyWorks is blessed to have the best staff to earn this wonderful achievement.

Thank you for trusting us as your premier pediatric clinic.

THERAPY WORKS
working wonders in children's lives





Congratulations

Shaun Baranowski, APRN-CNM, WHNP
2022 TulsaKids Favorite Midwife Finalist

"I love providing the Tulsa community with holistic midwifery care in the safety of a hospital setting."

osumedicine.com OSU MEDICINE

TULSA AREA

Water Playgrounds,

COOL OFF THIS SUMMER!



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PHOTO CREDIT: CALLIE TIGER



PHOTO CREDIT: ADOKON/GETTY

Community Swimming Pools

TULSA CITY PARKS

Note: Hours subject to change depending on lifeguard availability. Learn more at cityoftulsa.org/government/departments/parks-and-recreation/aquatics, and follow the Tulsa Parks Pools & Aquatics Facebook group for day-to-day updates.

Berry Pool
5002 N. Wheeling
Admission: Free

Lacy Park Pool
2134 N. Madison Pl.
Admission: $1 per person, or $8 for a 10-visit pass

McLure Pool
7440 E. 7th St.
Admission: $3 per person, or $20 for a 10-visit pass

Whiteside Pool
4013 S. Pittsburg Ave.
Admission: Free

TULSA COUNTY PARKS

www2.tulsacounty.org/parks

South County Pool
13800 S. Peoria Ave., Bixby
Hours: 1–6 p.m..; closed Wednesdays
Admission: 0–2 is Free. 3 and over is $5.
Swim Cards also available.

WHITESIDE POOL



BROKEN ARROW PARKS & RECREATION

brokenarrowok.gov/government/parks

Nienhuis Aquatic Facility
3201 N. 9th St., Broken Arrow
Hours: Monday, 12–8 p.m.;
Tuesday-Wednesday, 1:30–8 p.m.;
Thursday, 12–6 p.m.;
Friday-Saturday, 12–8 p.m.;
Sunday, 12–5 p.m.
Admission: 0–2 FREE; 3+ $5 per person

Family Aquatic Center
1400 S. Main St., Broken Arrow
Hours: Monday, Wednesday, Thursday, Friday and Saturday, 12–8 p.m.;
Tuesday, 1:30–6 p.m.; Sunday, 12–5 p.m.
Admission: 0–2 FREE; 3+ $5 per person

Pools & Splash Pads!





OWEN PARK SPLASH PAD.



PHOTO CREDIT: FAMVELD/GETTY.

Splash Pads + Water Playgrounds

CITY OF TULSA WATER PLAYGROUNDS AND SPLASH PADS

cityoftulsa.org/government/departments/parks-and-recreation/aquatics
Hours: 9 a.m.-6 p.m.

Water Park Locations:

- **Chamberlain**, 4949 N. Frankfort
- **Helmerich**, 7301 S. Riverside
- **Hunter**, 5804 E. 91st St.
- **Kendall-Whittier**, 2645 E. 5th St.
- **Lacy**, 2134 N. Madison Pl.
- **Manion**, 3003 E. 56th St.
- **Maxwell**, 5251 E. Newton St.
- **Mohawk**, 5701 E. 36th St. North
- **Owen**, 560 N. Maybelle St.
- **Schlegel**, 3825 W. 53rd Pl.
- **Springdale**, 2223 E. Pine
- **Vining**, 6502 N. Cincinnati Ave.
- **Whiteside**, 4009 S. Pittsburgh
- **Zeigler**, 3903 W. 4th St.

Splash Pad Locations:

- **Archer**, 2831 E. Archer St.
- **Benedict**, 1630 E. 12th St.
- **Braden**, 5036 E. 7th St.
- **Carbondale**, 2802 W. 48th St.
- **Crutchfield**, 1345 E. Independence Ave.
- **Dawson**, 2035 N. Kingston
- **Florence**, 1936 S. Gary Ave.
- **Highland**, 4909 E. 36th St.
- **Johnson**, 6002 S. Riverside Dr.
- **Maple**, 404 E. 15th St.
- **Penney**, 531 S. 49th West Ave.
- **Reed**, 4233 S. Yukon Ave.
- **Starks**, 1622 N. Main
- **Tracy**, 1134 S. Peoria, Ave.
- **Veterans**, 1875 S. Boulder Ave.
- **Wheeling**, 2209 W. Wheeling Ave.
- **Zink**, 3216 S. Trenton Ave.

CHANDLER PARK SPLASH PARK

6500 W. 21st St.
www2.tulsacounty.org/parks
Hours: Open Tuesday-Sunday
Capacity: 75 people per session
Cost: $1 per person, CASH ONLY

- **Session #1:** 10:30 a.m.–12 p.m.
- **Session #2:** 12:30–2 p.m.
- **Session #3:** 2:30–4 p.m.
- **Session #4:** 4:30–6 p.m.

MORE INFO:

tulsakids.com/tulsa-water-parks-pools-and-playgrounds



PHOTO CREDIT: EPICSTOCKMEDIA/GETTY



PHOTO CREDIT: JACOBLUND/GETTY

Other Tulsa-Area Community Splash Pads

TULSA

- **Guthrie Green**
  111 E. Reconciliation Way
  guthriegreen.com
- **Gathering Place**
  2650 S. John Williams Way
  gatheringplace.org
- **41st and Riverside**
  riverparks.org
- **O'Brien Park**
  6149 N. Lewis Ave.
  www2.tulsacounty.org/parks

JENKS

jenks.com/164/Parks-Recreation
Hours: 7 a.m.–11 p.m.

- **Central Park**
  A St. and Elm St., Jenks
- **Veterans Park**
  316 S. Birch St., Jenks

BROKEN ARROW

brokenarrowok.gov/government/parks
Hours: 8 a.m.–8 p.m.

- **Camino Villa Park**
  2812 E. Madison Pl., Broken Arrow
- **Haskell Park**
  601 E. Dallas St., Broken Arrow
- **Jackson Park**
  4800 West Washington St. S., Broken Arrow
- **Leisure Park**
  801 W. Charleston St., Broken Arrow
- **Preserve Park**
  3000 N. 37th St., Broken Arrow
- **Rockwood West Park**
  1308 N. Narcissus Ave., Broken Arrow
- **Sieling Park**
  801–899 N. Elm Ave., Broken Arrow

OWASSO

cityofowasso.com/610/Parks-Department
Hours: 9 a.m.–9 p.m.

- **Rayola Park**
  8300 Owasso Expressway, Owasso
- **Funtastic Island**
  10320 E. 116th St. N., Owasso

SAND SPRINGS

sandspringsok.org/164/Parks-Recreation
Hours: 9 a.m.–9 p.m.

- **Case Community Park**
  2500 S. River City Park Rd., Sand Springs
- **Pratt Civitan Center**
  306 W. 43rd St., Sand Springs

FAMILY FIELD GUIDE

Because kids don't come with instructions.

Parenting is hard. As long as you give your child love, keep them fed and provide a safe place to live, chances are you're doing just fine. Just remember, noone gets it right all the time.

When you are struggling, or need some support, help is available.

familyfieldguide.org

OKLAHOMA
Mental Health &
Substance Abuse



BIRTH & BEYOND
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TULSAKIDS Family Favorites 2022 WINNER

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tulsakids family favorites WINNER 2013
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